

Original Article

Association between plasma mitochondrial DNA and sterile systemic inflammatory response syndrome in patients with acute blunt traumatic injury

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Abstract: Background: Plasma mitochondrial DNA (mtDNA) has been associated with the occurrence of systemic inflammatory response syndrome (SIRS), but its relationship to sterile SIRS is unknown. This study was to assess the relationship between plasma mtDNA and sterile SIRS in patients with acute blunt traumatic injury. Methods: This was a prospective study of 65 patients with acute blunt traumatic injury admitted at the Trauma Center of the Army General Hospital (Beijing, China) between April 2010 and April 2013. Demographic and clinical characteristics and injury severity score (ISS) were recorded at admission. Plasma mtDNA, interleukin-6 (IL-6), C-reactive protein (CRP), fibrinogen and white blood cells were measured. Patients were examined regularly for the occurrence of sterile SIRS. Results: Patients who developed sterile SIRS had higher plasma mtDNA levels compared with those who did not develop sterile SIRS (317.6 [97.8-582.3] vs. 238.7 [86.8-591.3] pg/mL, $P = 0.005$). Pearson correlation analysis showed that plasma mtDNA levels correlated with the ISS score ($r = 0.656$, $P < 0.001$). Of the factors, sex ($P = 0.005$), plasma mtDNA ($P = 0.005$), CRP ($P = 0.003$) and fibrinogen ($P = 0.012$) were the significant predictors for sterile SIRS in univariate analyses. In multivariate analysis showed that plasma mtDNA levels (odds ratio: 1.005, 95% CI: 1.001-1.009, $P = 0.011$), CRP (odds ratio: 1.089, 95% CI: 1.023-1.107, $P = 0.003$) and fibrinogen (odds ratio: 1.003, 95% CI: 1.001-1.007, $P = 0.046$) were independently associated with the occurrence of sterile SIRS. Receiver operating characteristic analysis revealed that using the best cut-off value of 290.0 pg/mL, mtDNA had an AUC of 0.709, specificity of 65% and sensitivity of 80%. Conclusions: Plasma mtDNA levels might be associated with the occurrence of sterile SIRS in patients with acute blunt traumatic injury.

Keywords: Mitochondrial DNA, SIRS, CRP, WBC, injury

Introduction

Traumatic injuries are the most common reasons for hospitalization, with about 50 million injuries each year in the United States, of which 150,000 will be fatal [1]. Traumatic injuries can be classified as penetrating or blunt trauma. The cause of complications and death in penetrating wounds is often obvious (hemorrhage, damaged organ), but blunt traumas are more pernicious since even important damages to organs may not be readily apparent. Main causes of blunt traumas are motor vehicle crash, fall, being struck by a blunt object and pedestrian being hit by a motor vehicle [1]. The systemic inflammatory response syndrome (SIRS) is a catastrophic syndrome that may lead to severe complications and death after

trauma. Both extrinsic and intrinsic factors can induce SIRS and contribute to the development of acute respiratory distress syndrome (ARDS) or multiple organ dysfunction syndrome (MODS) [2]. SIRS induced by severe trauma is traditionally defined as a sepsis with an identifiable focus of infection [3, 4]. However, SIRS in the absence of infection, termed sterile SIRS, has also been observed following trauma. Dying cells can release molecules that induce inflammation and tissue damage [5, 6].

Some biochemical markers such as interleukin (IL)-6, C-reactive protein (CRP) and fibrinogen have been found to predict SIRS in patients with traumatic injuries [2-4]. However, their predictive value is variable between patient populations. In addition, these markers may be ele-

vated as the result of chronic inflammation, providing false information about the status of the patient [7]. Recently, mitochondrial DNA (mtDNA) has been identified as an important damage-associated molecular pattern (DAMP) [8, 9]. Gu *et al.* demonstrated that plasma mtDNA was an independent predictor of the risk of posttraumatic SIRS, as the median plasma mtDNA concentration was significantly higher in trauma patients who experienced posttraumatic complications than those without complications [10]. Generally, mtDNA is released into the circulation from apoptotic and necrotic cells, although the exact mechanism is unclear. It is likely that mechanical trauma disrupts the cells directly or indirectly via hemodynamic compromise as a result of blood loss, activating immunity and initiating SIRS. Mechanical cell rupture, shock or autophagy of cell could lead to sudden expulsion of intracellular contents into circulation.

However, whether the extent of release of mtDNA into the circulation correlates with, or contributes significantly to, the development of sterile SIRS in trauma patients is unknown. Whilst the plasma concentration of the pathogen-associated molecular pattern (PAMP) bacterial 16S DNA (bDNA) reflects ongoing infection in SIRS, circulating mtDNA might be used to reflect cellular injury in sterile SIRS. Zhang *et al.* recently reported that mitochondrial debris including mtDNA from shock-injured tissues activate neutrophils, causing degranulation *in vitro* and *in vivo*, and the accumulation of proinflammatory cytokines in the liver and the lung [8, 9]. Plasma mtDNA content has been found to be a useful predictor of posttraumatic prognosis [9, 11-13]. However, the relationship between plasma mtDNA levels and sterile SIRS in trauma patients has not been established.

The aim of the present study was to analyze plasma mtDNA levels after trauma and assess the value of plasma mtDNA levels to predict injury severity and clinical outcome.

Materials and methods

Patients

This was a prospective study performed in 65 consecutive patients admitted to the resuscitation room at the Trauma Center of the Army General Hospital (Beijing, China) as a result of

acute blunt traumatic injury between April 2010 and April 2013. This study was approved by the Human Studies Committee of the institutional review board of the Army General Hospital, and informed consent was obtained from the relatives of each patient (ethics approval number: EC-KS-2013-026).

The inclusion criteria were: 1) aged between 18 and 60 years; 2) sustained an acute blunt traumatic injury; 3) no open wounds or gastrointestinal injuries; 4) no acute infectious diseases; 5) no administration of anti-inflammatory drugs, either conventional non-steroidal anti-inflammatory drugs or selective cyclooxygenase-2 inhibitors; 6) no immunosuppressive agents less than 4 weeks prior to the blood sampling. The exclusion criteria were: 1) pathological fractures; 2) infection, chronic inflammatory conditions or anti-inflammatory drug regimens; 3) hospitalization delayed for more than 10 h post-injury; 4) pregnancy, malignant disease, acute ischemic stroke, sepsis, drug overdose, chronic renal failure, liver cirrhosis, or history of surgery within the preceding three months.

Data collection at admission

Demographic and clinical data including age, gender, body mass index (BMI), chronic medical conditions (hypertension, heart diseases and diabetes), white blood cells (WBC), IL-6, CRP, fibrinogen, and injury severity assessed using the injury severity score (ISS) [14] were recorded at admission.

Daily patient assessment

All eligible patients were screened daily for SIRS, sepsis, ARDS and MODS according to the guidelines of the American College of Chest Physicians/Society of Critical Care Medicine Consensus Conference [14-16]. Patients were diagnosed with SIRS if they had two or more of the following concurrent conditions: 1) a body temperature $< 36^{\circ}\text{C}$ or $> 38^{\circ}\text{C}$; 2) heart rate > 90 bpm; 3) respiratory rate > 20 /min or ventilator at $\text{PCO}_2 < 32$ mmHg; and 4) WBC $< 4000/\text{mm}^3$ or $> 12,000/\text{mm}^3$. According to the SIRS scores, patients with post-trauma SIRS were further divided into low SIRS subgroup (SIRS score = 2) and high SIRS subgroup (SIRS score ≥ 3). A diagnosis of sepsis required suspected or confirmed infection and the presence of two or more SIRS criteria [17]. Sterile SIRS was

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Table 1. Primer sequences for real-time PCR

Gene	Forward	Reverse
CytB	5'-ATG ACC CCA ATA CGC AAA AT-3'	5'-CGA AGT TTC ATC ATG CGG AG-3'
COX III	5'-ATG ACC CAC CAA TCA CAT GC-3'	5'-ATC ACA TGG CTA GGC CGG AG-3'
NADH	5'-ATA CCC ATG GCC AAC CTC CT-3'	5'-GGG CCT TTG CGT AGT TGT AT-3'
GAPDH	5'-AGG GCC CTG ACA ACT CTT TT-3'	5'-TTA CTC CTT GGA GGC CAT GT-3'
Bacterial 16S	5'-CGT CAG CTC GTG TTG TGA AA-3'	5'-GGC AGT CTC CTT GAG TTC C-3'

CytB: cytochrome B; COX III: cytochrome C oxidase subunit III.

diagnosed in the presence of SIRS and in the absence of any identifiable pathological agent [18].

Grouping

Patients with acute blunt traumatic injury were grouped based on the occurrence of sterile SIRS during hospitalization.

Blood sampling

IL-6, CRP, fibrinogen and WBC were measured at a median time of 6.7 h (2.6-8.9 h) after trauma. IL-6 serum levels were measured using the ABC ELISA system (R&D Systems, Minneapolis, MN) according to the manufacturer's instructions and as previously described [19]. CRP, fibrinogen and WBC counts were determined according to routine laboratory methods. Specifically, CRP was measured using a nephelometric assay on an Array 360 Protein System (Beckman Coulter, Brea, CA, USA) and expressed in mg/L. Fibrinogen was determined by the fibrinogen clause method on Cobas Fibro (Roche Diagnostics, Basel, Switzerland) and expressed in g/L.

Assessment of plasma mtDNA

Plasma mtDNA levels were measured at admission. Blood samples for mtDNA extraction were collected into EDTA-containing tubes. To obtain cell-free plasma, EDTA-blood samples were initially centrifuged at 3000 rpm (900×g) for 10 min, and the plasma was transferred into a clear polypropylene tube. The plasma was centrifuged at 10,000 rpm (9600×g) for another 10 min, and the upper portion of the plasma was transferred into another clear tube and stored at -80°C.

MtDNA and nuclear DNA (nDNA) were extracted from the isolated mitochondrial pellets or nuclear fractions using DNeasy Blood & Tissue

kits (Qiagen, Venlo, Netherlands), according to the manufacturer's protocol. The mtDNA and nDNA levels were determined by spectrophotometry and the mtDNA purity was determined by real-time PCR. Mitochondrial genes such as cytochrome B (Cyt B), cytochrome C oxidase subunit III (COX III), and NADH dehydrogenase (NADH) and the nDNA marker, GAPDH (glyceraldehyde 3-phosphate dehydrogenase), were detected using the primer sequences previously described by Zhang *et al.* under the same conditions [9]. In DNA prepared from mitochondria, GAPDH was at the limit of detection, and nDNA was less than 0.1%. In addition, the A260/280 ratio of the mtDNA samples was 1.8 to 2.0, indicating the absence of significant protein contamination.

Real-time PCR

MtDNA and nDNA were prepared from 200 µL of plasma using the QIAamp DNA Blood Mini Kit (Qiagen, Venlo, Netherlands), according to the manufacturer's instructions. The same amount of DNA was used for each real-time PCR reaction using the SYBR Green Master Mix (Applied Biosystems, Foster City, California, USA) on a Mastercycler EP realplex (Eppendorf, Hamburg, Germany). Primers targeting the bacterial 16S ribosomal subunit were used, and primers for the mtDNA markers Cyt B, COX III, NADH, and the nDNA marker GAPDH by Invitrogen (Carlsbad, CA, USA) (**Table 1**). The cycling conditions were 95°C for 10 s, followed by 40 cycles at 95°C for 5 s, 60°C for 25 s and 72°C for 10 s. A standard curve was created to quantify mtDNA concentration using purified mtDNA with CytB as the target, according to the manufacturer's protocol.

Statistical analysis

Data of age and BMI are expressed as means ± standard deviations (SD) and were compared

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Table 2. Baseline characteristics of the patients

Characteristics	SIRS absent (n = 40)	SIRS present (n = 25)	P-value
Age (years), mean ± SD	36.3 ± 12.9	33.6 ± 15.4	0.442
Sex, n (%)			0.002
Female	0 (0.0)	7 (28.0)	
Male	40 (100.0)	18 (72.0)	
BMI	27.19 ± 3.46	26.96 ± 3.46	0.794
Hypertension, n (%)			1.000
No	32 (80.0)	20 (80.0)	
Yes	8 (20.0)	5 (20.0)	
Cardiac, n (%)			0.477
No	35 (87.5)	24 (96.0)	
Yes	5 (12.5)	1 (4.0)	
Diabetes, n (%)			1.000
No	36 (90.0)	23 (92.0)	
Yes	4 (10.0)	2 (8.0)	
Plasma mtDNA (pg/mL)*	238.7 (86.8-591.3)	317.6 (97.8-582.3)	0.005
WBC*	6.74 (3.2-12.0)	7.05 (3.6-13.6)	0.599
IL-6 (pg/mL)*	1678.23 (892-2576)	1922.48 (1034-2986)	0.061
CRP (mg/L)*	7 (2-20)	17 (4-20)	0.003
Fibrinogen (g/L)*	4.3 (2.3-6.4)	4.8 (3.0-8.7)	0.012
MODS, n (%)			0.037
0	40 (100.0)	21 (84.0)	
1	0 (0.0)	4 (16.0)	
ISS, n (%)			0.076
ISS < 16	28 (70.0)	12 (48.0)	
ISS ≥ 16	12 (30.0)	13 (52.0)	

*: median (min, max). SIRS: systemic inflammatory response syndrome; mtDNA: mitochondrial DNA; WBC: white blood cells; IL-6: interleukin-6; CRP: C-reactive protein; MODS: multiple organ dysfunction; ISS: injury severity score.

using independent samples *t* tests, however, mtDNA, WBC, IL-6 and CRP are expressed as median (min, max), and were compared using the Mann-Whitney U test for independent samples. Demographic or clinical characteristics that may have affected outcomes including gender, hypertension, heart diseases, diabetes, ISS score were analyzed using the Fisher's exact test. Pearson correlation analysis was used to assess the relationships between plasma mtDNA and ISS in patients with acute blunt traumatic injury. Independent predictors of post-traumatic SIRS were identified by forward logistic regression, and age, hypertension, heart diseases, diabetes, WBC, IL6, mtDNA, and ISS were tried as independent variables. Because CRP, fibrinogen and mtDNA are covariates, CRP and fibrinogen were not included in the model. To determine the predictive power of mtDNA, CRP and fibrinogen, the receiver operator characteristics (ROC) curve method

was used and areas under the curve (AUCs) were calculated. Optimal cut-off values were selected to maximize specificity and sensitivity. Statistical analyses were undertaken using SPSS 17.0 (IBM, Armonk, NY, USA). Two-tailed *P*-values < 0.05 were considered significant.

Results

Characteristics of trauma patients

Between April 2010 and April 2013, 114 patients with acute blunt traumatic injury received treatment at our trauma center. Twenty-two patients were excluded due to open injury or suspect infection and 13 patients were excluded due to systemic conditions or ethical concerns. Thus 79 patients were enrolled in this cohort study, of which 14 were lost during follow-up. There were 6 patients who were unconscious or unable to communicate at admission included this study was obtained

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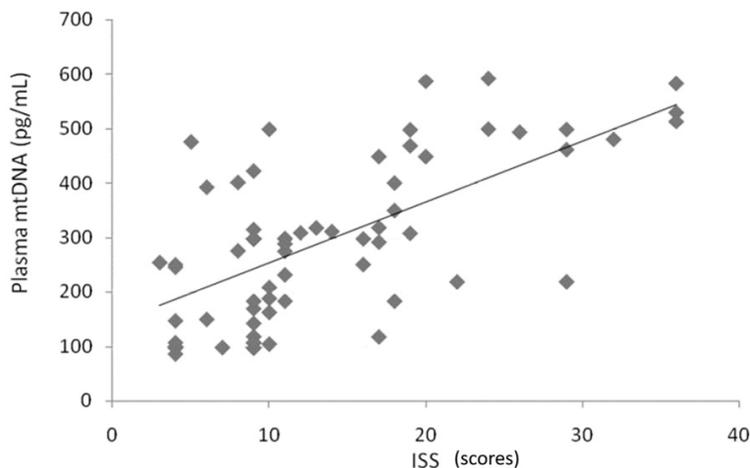


Figure 1. Correlation between plasma mtDNA concentration and trauma severity. Plasma mtDNA concentration was measured on admission in 65 patients with acute blunt traumatic injury, Injury Severity Score (ISS) was assessed at the time of discharge or death, or at 28 days if the patient was still hospitalized.

Table 3. Multivariate logistic regression analysis to determine variables independently associated with sterile SIRS in patients with acute blunt traumatic injury

Parameters	Beta value	OR	95% CI for OR		P-value
			Lower	Upper	
Plasma mtDNA	0.005	1.005	1.001	1.009	0.011
CRP	0.085	1.089	1.023	1.107	0.003
Fibrinogen	0.003	1.003	1.001	1.007	0.046
WBC	0.095	1.099	0.849	1.424	0.474
IL-6	0.001	1.001	1.000	1.002	0.142
ISS	-0.084	0.919	0.810	1.043	0.191

MtDNA: mitochondrial DNA; CRP: C-reactive protein; WBC: white blood cells; IL-6: interleukin-6; ISS: Injury Severity Score; OR: odds ratio; 95% CI: 95% confidence interval.

from the family of each patient. A total of 65 patients were admitted with acute blunt traumatic injury and met the inclusion/exclusion criteria. Mean age was 35.2 ± 13.7 years, and 89% ($n = 58$) were male. Major trauma was caused (Supplementary Date) by motor bike accidents in 25 patients (38%), car accidents in 26 patients (40%), and by fall from a height in 11 patients (17%). All patients were directly admitted from the site of the accident with an average ISS of 13.9 ± 8.6 (range 4-36). The mean time between trauma and admission and sampling was 5.8 ± 1.3 and 6.7 ± 2.8 hours, respectively. The mean length of stay in the ICU was 2.5 ± 4.2 days, and the mean length of

hospitalization was 12.3 ± 4.8 days.

Patients were grouped according to the occurrence of sterile SIRS (Table 2). Twenty-five patients (38%) were diagnosed with post-traumatic sterile SIRS during the course of treatment. 8 cases (32%) of 25 patients who had 2 or more SIRS criteria were divided into high SIRS subgroup and 17 cases (68%) were low SIRS subgroup. The mean time to diagnosis was 48.0 ± 17.4 hours after trauma. There were differences in male gender distribution (SIRS: 72.0% vs. no SIRS: 100.0%, $P = 0.002$), in CRP levels (SIRS: 17 vs. no SIRS: 7 mg/L, $P = 0.003$), in fibrinogen levels (SIRS: 4.8 vs. no SIRS: 4.3, $P = 0.012$) and in the occurrence of MODS (SIRS: 16.0% vs. no SIRS: 0%, $P = 0.037$). There was no difference in age, BMI, hypertension, heart diseases, diabetes, WBC, IL-6 levels and ISS score. No bacterial DNA was detectable in any of plasma samples.

Plasma mtDNA

Patients who developed sterile SIRS had higher plasma mtDNA levels compared with those who did not develop sterile SIRS (317.6 [97.8-582.3] vs. 238.7 [86.8-591.3] pg/mL, $P = 0.005$) (Table 2). The results of statistical analyses demonstrated that the mean concentration of plasma mtDNA in the high SIRS subgroup was significantly higher than that in the low SIRS subgroup (460.8 [311.1-591.3] vs. 320.6 [97.8-498.5] pg/mL, $P = 0.017$). Pearson correlation analysis showed that plasma mtDNA levels correlated with the ISS score ($r = 0.656$, $P < 0.001$) (Figure 1). Multivariate analysis showed that three indicators, plasma mtDNA, CRP and fibrinogen were independently associated with the occurrence of sterile SIRS in patients with blunt trauma (Table 3).

Table 4. Receiver-operator characteristic (ROC) analysis for the prediction of sterile SIRS in patients with acute blunt traumatic injury

Variables	AUC	Specificity (%)	Sensitivity (%)	Cut-off value	Youden index	P-value
Plasma mtDNA (pg/mL)	0.709	65	80	290.0	0.45	0.005
CRP (mg/L)	0.719	73	68	8.5	0.41	0.003
Fibrinogen (g/L)	0.687	63	72	4.6	0.35	0.012

AUC: area under the curve; mtDNA: mitochondrial DNA; CRP: C-reactive protein.

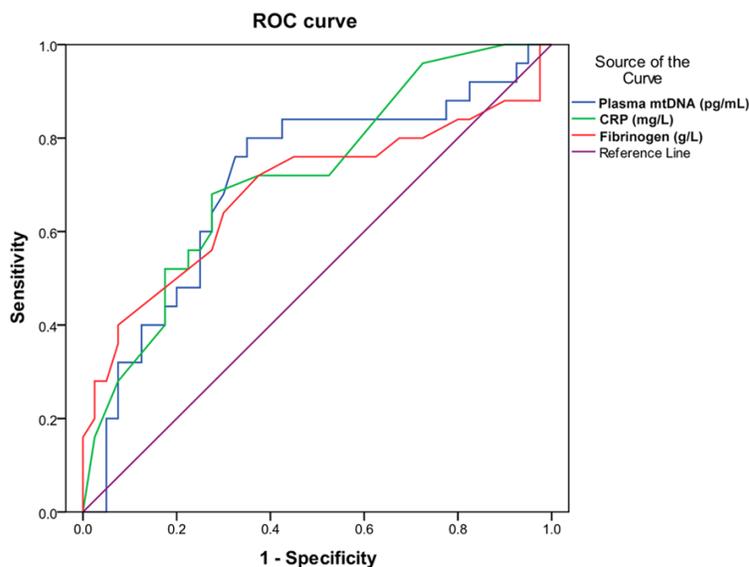


Figure 2. ROC curve indicating sensitivity and specificity of plasma mtDNA and ISS prediction of SIRS.

Predictive factors for sterile SIRS

Table 4 and **Figure 2** showed the ROC analysis of the predictive values of mtDNA, CRP and fibrinogen levels for sterile SIRS. Using the best cut-off value of 290.0 pg/mL, mtDNA had an AUC of 0.709, specificity of 65% and sensitivity of 80%. Using the best cut-off value of 8.5 mg/L, CRP had an AUC of 0.719, specificity of 73% and sensitivity of 68%. Using the best cut-off value of 4.6 g/L, fibrinogen had an AUC of 0.687, specificity of 63% and sensitivity of 72%.

Discussion

The aim of the present study was to assess the relationship between plasma mtDNA and sterile SIRS in patients with acute blunt traumatic injury. Results showed that patients who developed sterile SIRS had higher plasma mtDNA levels compared with those who did not develop sterile SIRS. Moreover, the plasma mtDNA level on admission in high SIRS subgroup was

significantly higher than that in low SIRS, which indicated that the plasma levels of mtDNA on admission were associated with the severity of post-trauma SIRS. Pearson correlation analysis showed that plasma mtDNA levels correlated with the ISS score. Of the factors, sex ($P = 0.005$), plasma mtDNA ($P = 0.005$), CRP ($P = 0.003$) and fibrinogen ($P = 0.012$) were the significant predictors for sterile SIRS in univariate analyses. Multivariate analysis showed that plasma mtDNA, CRP and fibrinogen were independently associated with the occurrence of sterile SIRS in patients with blunt trauma.

Receiver operating characteristic analysis revealed that using the best cut-off value of 290.0 pg/mL, and mtDNA had an AUC of 0.709, specificity of 65% and sensitivity of 80%. These results might provide the basis for eventually using mtDNA as a predictor of sterile SIRS.

A marked elevation in plasma mtDNA concentration had been observed in rats subjected to trauma and hemorrhagic shock [19-23] as well as in trauma patients [9] and those with femur fracture reamings [8]. The mechanisms by which mtDNA was liberated into the circulation were poorly understood [26, 27]. It was likely that mechanical trauma disrupted the cells directly or indirectly via hemodynamic compromise as a result of blood loss, activating immunity and initiating SIRS [28]. Maeda *et al.* recently demonstrated that mitochondria DNA were released from cells undergoing TNF- α induced, receptor-interacting protein (RIP) 1-dependent necroptosis, a form of programmed necrosis. MtDNA might represent a

DAMP that contributed to the initiation of sterile SIRS through the activation of both the TLR9/NF- κ B and the p38 MAPK pathways and the induction of pro-inflammatory cytokine production [9, 19].

Significant increases in circulating DNA in trauma patients had previously been reported to be useful in posttraumatic prognosis [10, 29]. Yamanouchi *et al.* found that plasma mtDNA levels were elevated during traumatic injury and were significantly higher in non-survivors than survivors of trauma [30]. Moreover, plasma mtDNA levels correlated with ISS, indicating that mtDNA might serve as a potential marker of the severity of injuries and contribute to prediction of outcome in patients with trauma [30]. In the present study, plasma mtDNA levels in patients with trauma were higher in patients who developed sterile SIRS compared with those who did not. Further multivariate analysis revealed that mtDNA levels were an independent predictor of sterile SIRS occurrence.

Previous studies have demonstrated that a few predictors were increased significantly after trauma [20-22] and that the plasma levels of these markers positively correlated with injury severity [23, 24]. Gouel-Chéron *et al.* reported that circulating IL-6 levels contributed to assessment of severity and prediction of outcome in patients with SIRS [25]. Gu *et al.* have shown that plasma mtDNA, WBC and CRP were independently predictive of posttraumatic SIRS [10]. In multivariate analysis, the present study showed plasma mtDNA levels, CRP and fibrinogen were independently associated with the occurrence of sterile SIRS. We did not verify that WBC on admission had a discriminative power to predict the risk of post-traumatic SIRS. Although WBC and IL-6 levels were all higher in SIRS present group than the SIRS absent group, these differences were not statistically significant. The possible causes included WBC and CRP were the more dynamic change and response to changes in the patient's clinical state, and low blood pressure and fluid resuscitation were important factors.

Another important characteristic was the predictive power of CRP was more favorable and the AUCs in the prediction of post-traumatic SIRS were slightly higher for CRP than mtDNA, which was similar with precious report [10]. The increased change in the plasma mtDNA was

observed earlier and the half-life of was shorter than changes of CRP. It previous reported that a marked elevation in plasma mtDNA levels in 3 hours and reached a peak at 1 day after trauma [9]. This quality might enable the mtDNA level to be used to make an earlier diagnosis of SIRS and may also aid in decision-making. The evidence suggested that plasma mtDNA concentration might be a more precise and early way of estimating sterile SIRS than traditional CRP in patients with blunt traumatic injury and hence a better predictor of exaggerated inflammation.

The present study was not without limitations. The sample size was small and from a single center. The extent of injury varied between patients, potentially leading to different levels of markers and inevitable balance bias. Finally, it was currently unknown if mtDNA levels were affected by treatments, and it was possible that the treatments received by the patients influenced the outcomes. Although the present study strongly suggested a clear relationship between mtDNA at admission and the occurrence of sterile SIRS, large scale prospective studies were warranted to evaluate the prognostic contribution of plasma mtDNA to a wider range of clinical outcomes.

In conclusion, the present study suggested that plasma mtDNA levels might be associated with the occurrence of sterile SIRS after acute blunt traumatic injury. Plasma mtDNA levels in patients with acute blunt trauma were independently associated with sterile SIRS.

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Disclosure of conflict of interest

None.

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