

Review Article

MicroRNA-21 as prognostic molecular signatures in oral cancer: a meta-analysis

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Abstract: Many studies have showed the prognostic value of microRNAs (miRNAs) in patients with oral cancer. However, many of these included a small number of patients. To increase statistical power, we performed a systematic review and meta-analysis to determine a pooled conclusion. The aim of this meta-analysis was to assess the prognostic role of miRNA-21 expression in patients with oral cancer. PubMed, Embase, Web of science and wanfang databases were searched for eligible studies with data assessing the prognostic role of miRNA-21 expression in oral cancer. Pooled hazard ratios (HRs) and their 95% confidence intervals (CI) were calculated. A total of 9 eligible studies comprising 777 patients with oral cancer were included in this meta-analysis. For overall survival, the pooled HR of higher miRNA-21 expression in patients with oral cancer was 1.71 (95% CI 1.20-2.44). After excluding one study causing heterogeneity, the combined HR was 1.93 (95% CI: 1.44-2.59). The pooled HR of higher miRNA-21 expression in patients with oral cancer were 2.65 (95% CI: 1.49-4.73), 2.04 (95% CI: 1.09-3.80) and 2.70 (95% CI: 1.08-6.76) for cancer specific survival and recurrence-free survival, respectively. This is the first rigorous pooled analysis suggested that miRNA-21 is associated with the prognosis of patients with oral cancer, and high expression of miRNA-21 can predict poor prognosis in patients with oral cancer.

Keywords: MiRNA-21, oral cancer, survival, meta-analysis

Introduction

An estimated 300,400 new cases and 145,400 deaths from oral cavity cancer occurred 2012 in worldwide [1]. Some of the major reasons contributing to the high mortality rate are late diagnosis, lack of treatment options and high prevalence of tobacco consumption [2]. In the past decade, there has been an increasing use of molecular markers in the assessment and management of oral cancer [3]. To improve the prognosis of patients, identification of useful prognostic factors is important for clinicians to choose optimal treatment for patients and improve the treatment effect.

In spite of widespread investigation of genetic biomarkers for oral cancer, epigenetic biomarkers including miRNAs received considerable attention because of the clinical and biological utility in oral cancer diagnosis and treatment [4]. MiRNAs are RNA molecules of 19-25 nucleotides in length [5]. Over the last few years, reports have shown that miRNAs could play a

key role in not only the whole aspects of carcinogenic process [6]. Prognostic role of miRNAs has been shown in several tumors including colon, breast ovarian and brain cancers [7-10]. The meta-analysis also showed that miRNA-21 could be a significant biomarker in the prognosis of various cancers [10, 11]. Some miRNAs have been associated with distinctive pathologic features in oral cancer. The relationship between the expression of particular miRNAs and survival of patients with oral cancer has also been increasingly reported. However, there was still lack of evidence for the prognostic role of miRNA-21 expression in oral cancer. We thus performed a meta-analysis of studies to assess the prognostic role of miRNA-21 expression in patients with oral cancer.

Materials and methods

Search strategy

This meta-analysis was carried out in keeping with the guidelines of the Meta-analysis of

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Table 1. Criteria for the inclusion of prognostic miRNA studies

Study design	Prospective or retrospective cohort design with a well-defined study population
Tumors type	Oral cancer
miRNA measure	Microarray, qRT-PCR or ISH (clear cut-off described)
Outcome Measure	OS, RFS, CSS or DFS
Analysis	Reporting of the resulting HRs including 95% CIs or data/Kaplan Meier survival curves to allow their calculation
Oral cancer stage	Any
Length of follow-up	≥ 60 months
Source	Peer-reviewed journals

qRT-PCR, quantitative real time reverse transcription PCR; ISH, in situ hybridisation; OS, overall survival; DFS, disease free survival; RFS, recurrence free survival; CSS, cancer special survival; HR, hazard ratio; CI, confidence interval.

Observational Studies in Epidemiology group (MOOSE) and Preferred Reporting Items for Systematic Reviews and Meta-analysis (PRISMA) criteria [12]. The database of Pubmed, Embase and Web of science were searched for the last time on December 30, 2016. The search strategy included the following keywords: (microRNA-21 OR miRNA-21 OR miR-21) AND (oral cancer) AND (prognosis OR prognostic OR survival OR outcome OR mortality). There was no language limitation in the literature search. Two investigators (Y Xie and J Wu) inspected the title and abstracts of citations to identify publications appearing to report the study of oral cancer samples by miRNA expression and association with survival outcomes and obtained the full texts. Further articles were searched by hand-searching reference lists of all the articles retrieved and relevant reviews.

Eligibility criteria

The main criteria considered in including a study were investigating the prognosis of oral cancer, measuring the expression of specific miRNAs in tissue or serum and studying their association with survival outcome. The details were listed in **Table 1**. Survival outcome was further explored considering the Hazard ratio (HR) with 95% confidence interval (CI), *P* value, Kaplan-Meier curves or obtaining the required data by contacting correspondent author. Articles were excluded if they (1) were case reports, letters, commentaries, meeting records, review articles or laboratory articles; (2) concerned genetic alterations of a miRNA including polymorphisms or methylation patterns; (3) lacked sufficient data for estimating HRs and their 95% CIs, or calculated HRs based on multiple miRNAs. When duplicate studies were retrieved, we included the most informative and recent article.

Quality assessment

The quality of all the studies included was systematically determined according to a critical review checklist of the Dutch Cochrane Centre proposed by MOOSE [12]. The current checklist included the following key points: (1) clear definition outcome assessment by representing it in overall survival (OS), disease free survival (DFS), recurrence free disease (RFS) or cancer special survival (CSS); (2) clear definition of measurement miRNAs; (3) clear definition of study population and origin of country; (4) clear definition of study design; (5) clear definition of cut-off and follow-up. Any study without mentioning these points was excluded from the systematic review.

Data extraction

Data were extracted independently by two investigators (Y Xie and J Wu) Disagreements were resolved by discussion. The following data were extracted: first author's last name, year of publication, the kind of study design, origin of the study population, number of participants, the kind of samples, the method of detecting miRNA-21 expression, and follow-up duration, cut-off value; and HRs of elevated miRNAs for OS, CSS, DFS, RFS, as well as their 95% CIs and *P* values. If available, the HRs with their 95% CIs and *P* values were collected from the original article or the correspondent author. If Kaplan-Meier curves were available, we extracted data from the graphical survival plots and estimated the HRs and their 95% CI. All the calculations mentioned above were based on the methods illustrated by Parmar et al. [13] and Tierney et al. [14]. An observed HR > 1 was considered as a worse survival for the group with elevated miRNA expression. Conversely, an observed HR < 1 was considered as a worse survival for the group with decreased miRNA expression.

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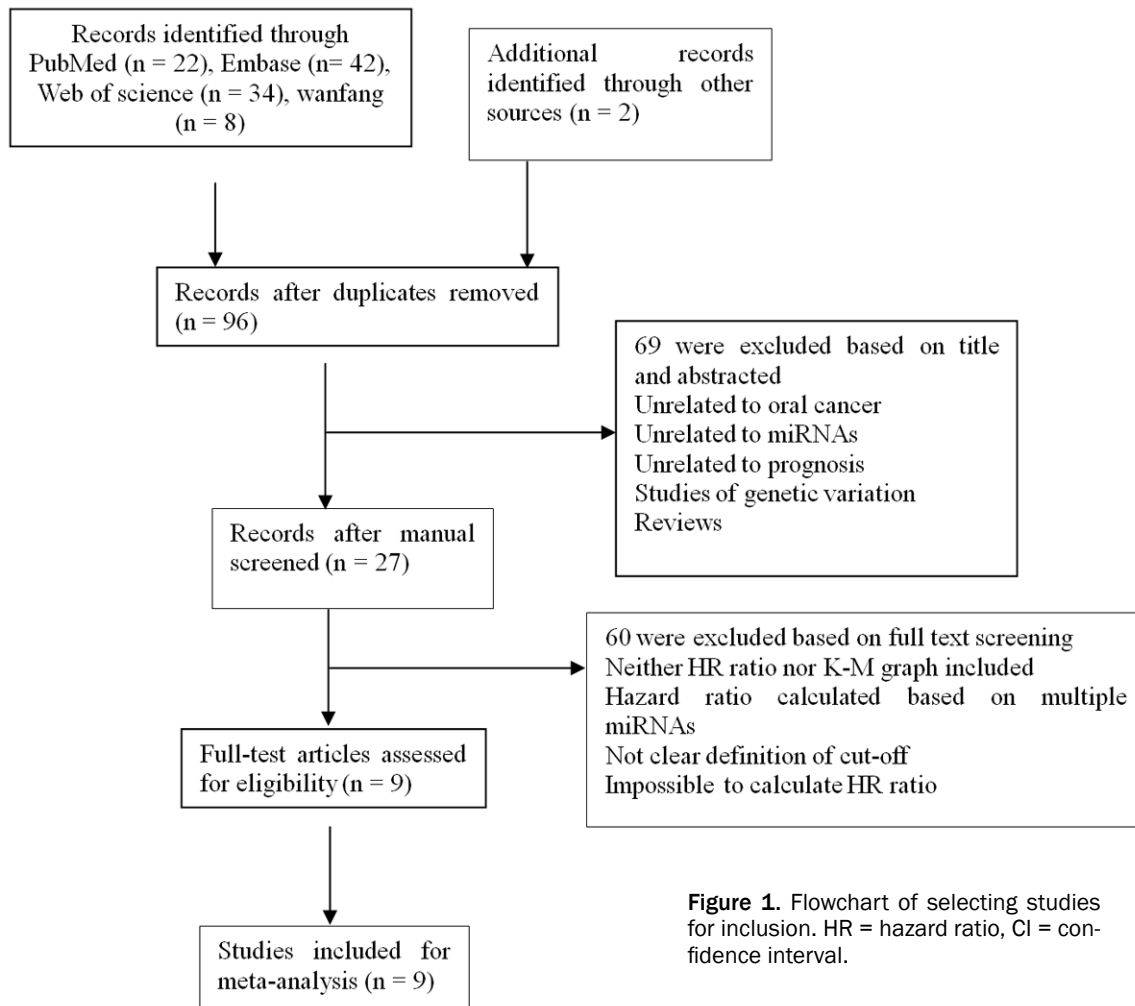


Figure 1. Flowchart of selecting studies for inclusion. HR = hazard ratio, CI = confidence interval.

Statistical analysis

Heterogeneity was conducted using Cochran's Q test and Higgins I-squared statistic. A P value of less than 0.05 was considered significant. I² values of > 50% indicate heterogeneity among studies. A random effect model was applied if heterogeneity was observed ($P < 0.05$). When there was no obvious heterogeneity, the fixed effect model was used ($P > 0.05$). Sensitivity analysis was performed by excluding one study by turns and examining the impact of each single study on the combined of HRs. The publication bias was assessed by funnel plot and Begg's linear regression test. All analyses were performed using Stata 13.0 software (StatCorp, College Station, TX, USA).

Results

Selection of studies

This search strategy returned 108 publications for consideration within the meta-analysis (**Fig-**

ure 1). Title and abstract assessment identified 27 manuscripts appropriate for evaluation of prognostic miRNA biomarkers in oral cancer and full text articles were obtained for these. The full text versions of these 27 publications were then retrieved and their reference lists were screened for further relevant publications. The titles and abstracts were retrieved through this search were screened by two of the authors. Finally, 9 articles remained for detailed screening and data extraction [15-23] (**Figure 1** and **Table 2**). Inclusion criteria can be seen in **Table 1**. The full texts of 9 papers (published 2009-2016) fulfilling the criteria for meta-analysis were obtained (**Table 3**).

Characteristics of the included studies

The 9 included studies analyzed 777 patients with oral cancer and correlated individual miRNA levels with survival. They had a retrospective design, and the miRNAs expression were measured in tissue samples. Detailed

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Table 2. Main characteristics of the eligible studies

Study (year)	Population	Study design	Number	Assay	Cut-off	Detected sample	Survival analysis	Source of HR	Adjusted	Follow up (months)
Zheng (2016)	China	R	72	ISH	Score ≥ 2	Tissue	OS	SC	Mo	60
Li (2009)	China	R	103	qRT-PCR	Median	Tissue	OS	SC	No	68
Ko (2014)	Korea	R	167	ISH	Score ≥ 2	Tissue	CSS/RFS	Rep	Yes	210
Kawakita (2014)	Japan	R	79	ISH	Score ≥ 1	FFPE	CSS	SC	No	65
Jung (2012)	USA	R	17	qRT-PCR	Median	Tissue	OS	Rep	No	180
Hedback (2014)	Denmark	R	86	ISH	Tertile	FFPE	DFS	Rep	No	60
Ganci (2015)	Italy	R	92	qRT-PCR	Signal score	FFPE	RFS	Rep	Yes	60
Li (2013)	China	R	63	ISH	Score > 3	FFPE	OS	SC	No	150
Chang (2015)	China	R	98	qRT-PCR	Median	Tissue	OS	Rep	No	60

R, retrospective; qRT-PCR, quantitative real time reverse transcription PCR; ISH, in situ hybridisation; OS, overall survival; CSS, cancer special survival; RFS, recurrence free survival; DFS, disease free survival; HR, hazard ratio; CI, confidence interval; FFPE, Formalin-fixed paraffin-embedded; Rep = report; SC = survival curve.

Table 3. Main characteristics of the eligible studies

Study (year)	OS		CSS		DFS		RFS	
	HR (95% CI)	P	HR (95% CI)	P	HR (95% CI)	P	HR (95% CI)	P
Zheng (2016)	1.22 (1.09-1.36)	0.0005						
Li (2009)	2.06 (1.21-3.51)	0.008						
Ko (2014)			2.97 (1.34-6.59)	0.007			1.66 (0.82-3.34)	0.156
Kawakita (2014)			1.16 (0.15-9.02)	0.521				
Jung (2012)	5.31 (1.39-20.38)	0.015						
Hedback (2014)					2.70 (1.1-6.9)	0.032		
Ganci (2015)							4.20 (1.1-15.98)	0.040
Li (2013)	2.13 (1.11-4.10)	-						
Chang (2015)	1.58 (1.02-2.47)	0.034						

OS, overall survival; CSS, cancer special survival; RFS, recurrence free survival; DFS, disease free survival; HR, hazard ratio; CI, confidence interval.

screening revealed that four of 9 studies did not report the HR value. All of them we were able to calculate the HR by one of methods explained in Materials and Methods section. The method of miRNA-21 expression detection was quantitative realtime polymerase chain reaction (qRT-PCR) and ISH.

Meta-analysis

Five studies described high miRNA-21 as predictive of poor OS in oral cancer ($n = 353$). Significant inter-study heterogeneity was found ($I^2 = 64.5\%$, $P = 0.024$). The random model was applied to calculate a pooled HR with 95% CI. A combined HR of 1.71 (95% CI: 1.20-2.44) was found for those patients (Figure 2A). The P value of Begg's linear regression test was 0.086. The funnel plot showed that there was no obvious risk of publication bias in the meta-analysis (Figure 3). Sensitivity analysis by omitting one study by turns showed that the study of

Zheng et al. had obvious influence of individual study on the pooled HR (Figure 4). After excluding the study causing heterogeneity, no significant inter-study heterogeneity was found ($I^2 = 3.7\%$, $P = 0.374$). The fix model showed that a higher expression level of miRNA-21 was a predictor of poorer OS, with a combined HR of 1.93 (95% CI: 1.44-2.59) (Figure 5).

The pooled HR for CSS was 2.63 (95% CI: 1.25-5.51), for RFS was 2.04 (95% CI: 1.09-3.80) and for DFS was 2.70 (95% CI: 1.08-6.76) (Figure 2B). Due to the small size of this study considering CSS, RFS and DFS, no conclusive graph could be generated, and we therefore did not evaluate publication bias.

Discussion

Oral cancer is one of the 10 most common cancers in the world, with a limited screening, delayed clinical detection, poor prognosis, with-

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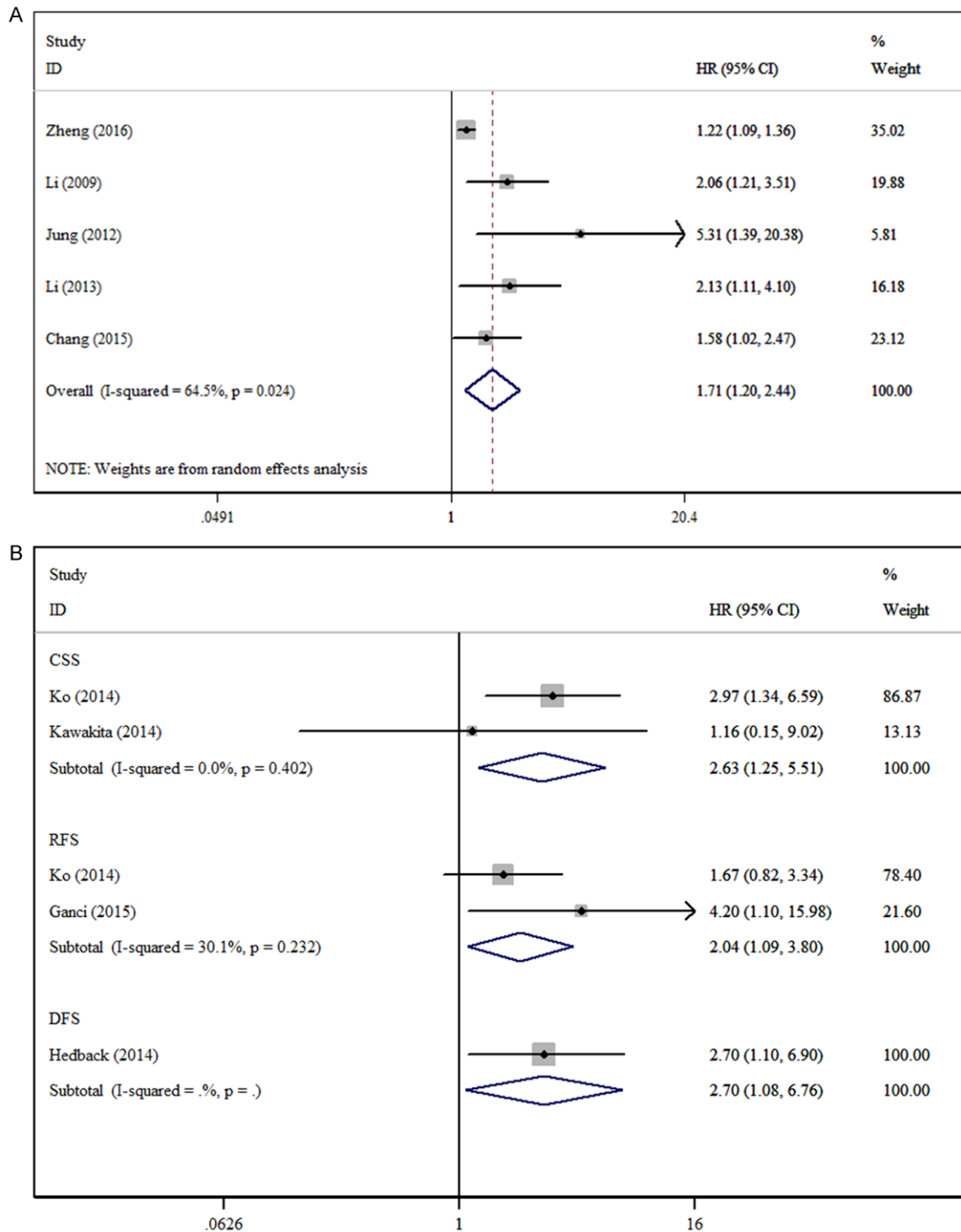


Figure 2. Forrest plots of studies evaluating HRs of aberrant miR-21 expression. A. OS; B. CSS, RFS, DFS. OS = overall survival; CSS = cancer specific survival; RFS = recurrence free survival; DFS = disease free survival.

out specific biomarkers for the disease and expensive therapeutic alternatives [24]. Though there are many new advances in the understanding of the molecular pathogenesis of oral

cancer, there are still short of effective treatment and bad prognosis for patients. The prognostic factors predicting survival of oral cancer patients can help us not only get a better

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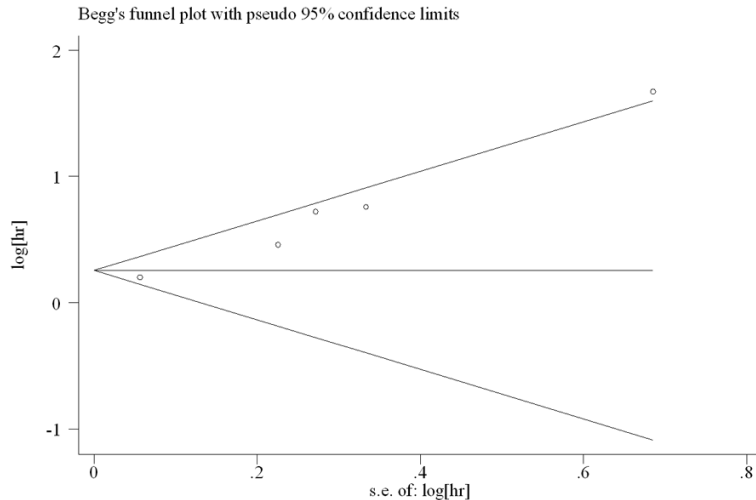


Figure 3. Funnel plot in the meta-analysis of the association between miRNA-21 expression and OS in patients with oral cancer.

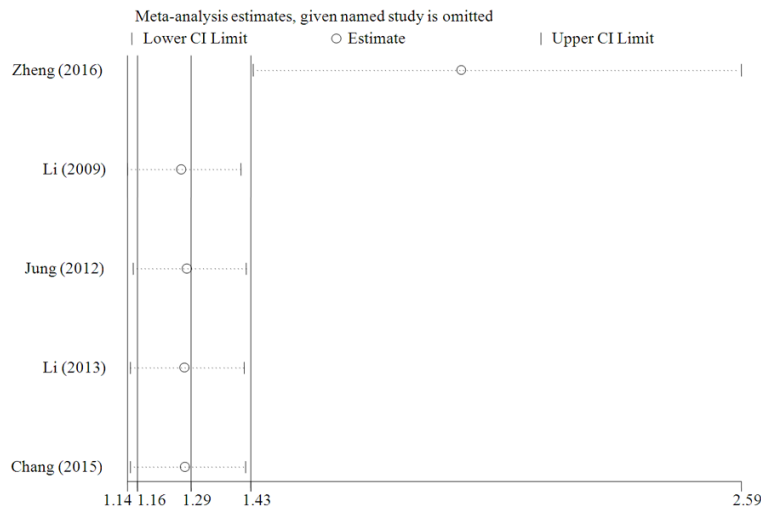


Figure 4. Forest plot in the sensitivity analysis by omitting one study by turns.

understanding of the pathogenesis of oral cancer, but provide much help in choosing optimal treatment for patients.

MiRNAs are a kind of short noncoding RNAs and they are ~22 nucleotides in length [5]. It has been clear that miRNAs can promote mRNA degradation, prevent mRNA from being translated, and thus regulate post-transcriptional expression of target genes by binding to the complementary target mRNA. MiRNAs also are believed to have important roles in the in the carcinogenesis of various cancers [25, 26]. MiRNAs can act as tumor suppressor genes or oncogenes, and thus mediate the growth,

development, and progression of cancers.

miRNA-21 is the most studies miRNA in cancer and is repeatedly found to be associated with the prognosis of human cancer, such as digestive system cancer [27], breast cancer [7], or lung cancer [28]. However, there was still lack of evidence for the prognostic role of miRNA-21 expression in oral cancer. Study showed that miRNA-21 could modulate chemosensitivity of tongue squamous cell carcinomas (TSCC) cells to cisplatin by targeting PDCD4, and may serve as a potential target for TSCC therapy [29]. MiRNA-21 is an independent prognostic indicator for TSCC, and may play a role in the development of TSCC by inhibiting cancer cell apoptosis partly via TPM1 silencing [16]. We thus performed this meta-analysis of published studies to assess the prognostic role of miRNA-21 expression in patients with oral cancer.

Nine studies were finally included into the meta-analysis. Those nine studies included a total of 777 patients with oral cancer. For overall survival, the pooled HR of higher

miRNA-21 expression in patients with oral tumors was 1.71 (95% CI: 1.20-2.44). After excluding the study causing heterogeneity, the fix model showed that a higher expression level of miRNA-21 was a predictor of poorer OS, with a combined HR of 1.93 (95% CI: 1.44-2.59). High miRNA-21 also predicted reduced DFS, CSS and RFS. Thus, the present meta-analysis suggests that miRNA-21 is associated with the prognosis of patients with oral cancer and high expression of miRNA-21 can predict poor prognosis in patients with oral cancer. The findings from the meta-analysis suggested that miRNA-21 is associated with the prognosis of patients with oral cancer and high expression of miRNA-

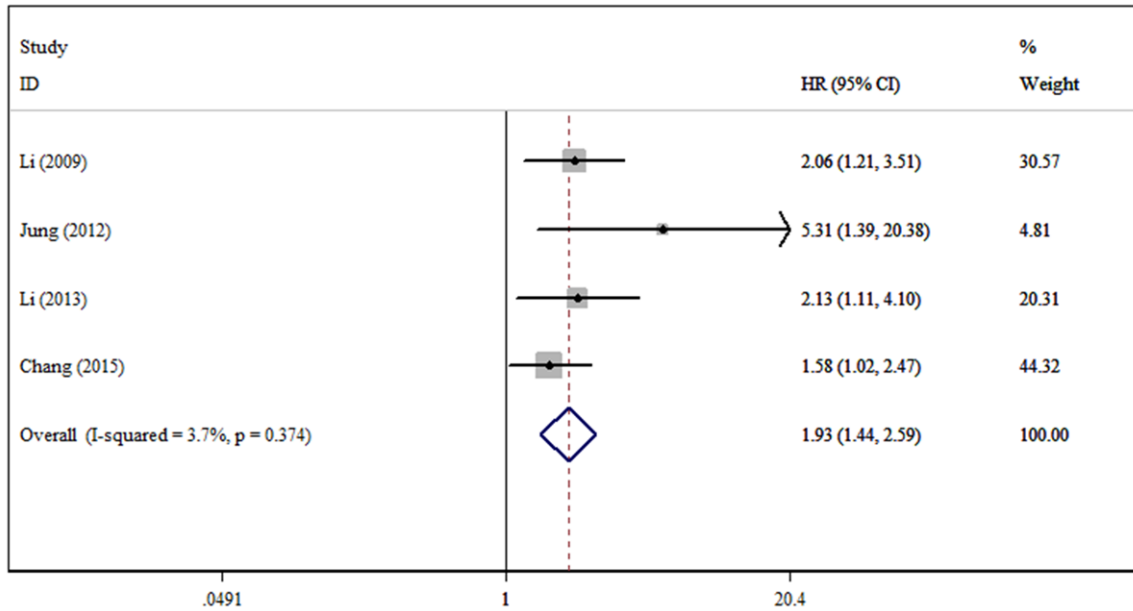


Figure 5. Forest plots of studies evaluating HRs of aberrant miR-21 expression, after omitting one study. HR = hazard ratio, CI = confidence interval.

miR-21 can predict poor prognosis in patients with oral cancer. Thus, the findings of the meta-analysis provided new and strong evidence for the important role of miR-21 in the development and progression of oral cancer. It might facilitate individualised management of patients with oral cancer.

The present meta-analysis had some limitations to be considered. First, there still was limited number of studies on the prognostic role of miR-21 expression in oral cancer. More studies are needed to further assess the association between miR-21 expression and prognosis of oral cancer. Secondly, whilst the method of HR extrapolation from survival curves has been previously validated, there may have been errors due to inaccurate readings, even though two independent reviewers were used to minimise this variation. Therefore, the extrapolated HRs may be less reliable compared to published statistics. Thirdly, several important clinicopathologic factors affecting prognosis have been identified for oral cancer, but only two studies adjusted for these co-variables. Finally, the expression of miR-21 was detected in the samples of tumor tissues. The prognostic roles of miRNA levels in blood or saliva are need further studies.

In summary, the present meta-analysis suggests that miR-21 is associated with the prognosis of patients with oral cancer, and high expression of miR-21 can predict poor prognosis in patients with oral cancer. More studies with large number of patients and the miRNA levels in blood or saliva are needed to further identify the prognostic roles of miRNAs expression in oral cancer.

Disclosure of conflict of interest

None.

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