

Original Article

Lack of association between MicroRNA-146a rs2910164 C > G polymorphism and risk of gastric carcinoma: a case-control study and a meta-analysis

Jing Lin^{1,2,4*}, Wansong Lin^{3,4*}, Bin Lan^{5*}, Shuping Chen^{3,4}, Weiliang Wu⁶, Jianyong Ruan⁶, Chao Liu⁷, Weifeng Tang⁸, Yu Chen^{1,2,4}, Zengqing Guo^{1,2,4}

¹Department of Medical Oncology, ²Cancer Bio-immunotherapy Center, ³Laboratory of Immuno-Oncology, Fujian Cancer Hospital & Fujian Medical University Cancer Hospital, Fuzhou, Fujian Province, People's Republic of China; ⁴Fujian Provincial Key Laboratory of Translational Cancer Medicine, Fuzhou, Fujian Province, People's Republic of China; ⁵Key Laboratory of Systems Biomedicine (Ministry of Education), Shanghai Center for Systems Biomedicine, Shanghai Jiao Tong University, Shanghai, People's Republic of China; ⁶Department of Implantology II, School and Hospital of Stomatology, Fujian Medical University, Fuzhou, Fujian Province, People's Republic of China; ⁷Department of Cardiothoracic Surgery, Affiliated People's Hospital of Jiangsu University, Zhenjiang, Jiangsu Province, People's Republic of China; ⁸Department of Thoracic Surgery, Fujian Medical University Union Hospital, Fuzhou, Fujian Province, People's Republic of China. *Equal contributors.

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Abstract: MicroRNAs (miRNAs) may be important molecular biomarkers and therapeutic targets of gastric carcinoma (GC). However, the relationship between the miRNA-146a rs2910164 C > G polymorphism and risk of GC was not clear. In the present study, we conducted a case-control study and then performed an updated meta-analysis to get a more precise evaluation. In total, 490 GC patients and 1,476 cancer-free subjects were enrolled. The SNPscan™ genotyping assay was used to genotype the miRNA-146a rs2910164 C > G polymorphism. We found there was no significant difference in genotype distribution of the miR-146a rs2910164 C > G polymorphism among GC patients and controls. After pooling all enrolled studies, we also found null association of the miR-146a rs2910164 C > G polymorphism with GC risk under all genetic models, even in different ethnicities. There was no publication bias for those genetic models. Results of heterogeneity analysis indicated that a large sample size study, Asian populations and low quality studies might contribute to the major source of heterogeneity. Sensitivity analysis suggested that our findings were stable. In conclusion, this case-control study in an eastern Chinese Han population, along with a meta-analysis, failed to identify a relationship between the miRNA-146a rs2910164 C > G polymorphism and GC risk, even across different ethnicities. Nevertheless, for practical reasons, more well-designed prospective studies with a larger sample size and detailed environmental risk factors are needed to confirm or refute these findings.

Keywords: MiRNA-146a, polymorphism, gastric carcinoma, susceptibility

Introduction

Gastric carcinoma (GC) is the fifth most common form of malignancy, causing the third highest malignancy-related mortality rate worldwide. The GC rate varies in different countries. The GC incidence rates are highest in Eastern Asia, South American, and Central-eastern Europe [1]. In China, approximately 679,100 new GC cases were diagnosed together with 498,000 GC-related deaths in 2015 [2]. Regional variations may be due to differences in lifestyle and genetic background, as well as the

prevalence of *H. pylori* infection. It is reported that chronic infection with *H. pylori* may contribute to the risk to GC. However, other risk factors involving genetic factors may also contribute to the development of GC.

A microRNA (miRNA) is a small single-stranded non-coding RNA molecule (19-25 nt) found in animals, plants and some viruses [3, 4]. MiRNA contain about 22 nucleotides and is implicated in gene expression by RNA silencing and post-transcriptional regulation [3]. MiRNA function is silenced via the following processes: (a) cleav-

ing the mRNA strand, (b) shortening poly A tail of mRNA, and (c) decreasing the efficient translation of mRNA [5]. A number of investigations demonstrated that miRNAs play an important role in complex biological processes (e.g. apoptosis, cell differentiation, and proliferation) [6-9]. Previous studies reported that a number of miRNAs act on cancer-related genomic areas, and might influence the development and prognosis of cancers [10]. Chronic lymphocytic leukemia (CLL) was the first human malignancy known to be correlated with miRNA deregulation [11]. MiRNA profiling could assess whether CLL patients had more or less aggressive form of the disease. The expression level of miRNA has also been used to evaluate cancer prognosis [12, 13]. Recently, a study suggested that miRNA might be a diagnostic biomarker of GC [14]. In addition, Shin and colleagues showed that miRNAs might be important molecular biomarkers and therapeutic targets of GC [15].

A single nucleotide polymorphism (SNP) is a variation which occurs at a specific position in the genome. SNPs may underlie differences in risk to human disease. SNPs may fall within the different regions in a gene, such as non-coding areas, coding sequences, and intergenic sections. However, SNPs in non-coding regions are more frequent than in coding sequences. It was reported that miRNAs polymorphisms could alter expression and function [16], and confer susceptibility to malignancies [17, 18]. Results of previous case-control studies showed that miR-146a rs2910164 C > G polymorphisms might confer GC susceptibility. Recently, several meta-analyses demonstrated that these miRNA polymorphisms might influence the risk of GC [19-22]. However, due to the limited included publications and sample sizes, the results were inconsistent. Thus, considering the potential role of miR-146a rs2910164 C > G polymorphisms for GC risk; we conducted a case-control study with a related large sample size and then performed an updated meta-analysis to get a more precise evaluation.

Materials and methods

Subjects

All participants were recruited from a hospital-based case-control study, which was carried

out at the Affiliated Union Hospital of Fujian Medical University and the Affiliated People's Hospital of Jiangsu University in Eastern China. This study consisted of 490 incident GC patients who were diagnosed at these two hospitals between May 2013 and June 2016. At the same time, 1,476 cancer-free subjects who participated in physical examination in the hospitals mentioned above were included as controls. The controls were matched to GC patients by age and sex. Information on age, sex, smoking status and alcohol use was obtained by using a questionnaire. Study participants' height and weight were measured, and then body mass index (BMI) was calculated by body mass divided by the square of the body height. BMI was expressed in units of kg/m². Experienced doctors obtained the relevant information (e.g. demographic variables and risk factors) by face-to-face interview. Each participant signed a written consent and donated a blood sample. For the GC group, all information and the blood sample was obtained right after the diagnosis of pathology and before any treatment. The present study protocol was approved by the Institutional Review Board of Fujian Medical University and Jiangsu University.

DNA extraction and genotyping

We used Promega DNA Purification Kit (Madison, USA) to extract genomic DNA from blood samples, which were donated by participants. The SNPscan™ genotyping assay (Gene-skyBiotechnologies Inc., Shanghai, China) was used to obtain the genotyping of the miR-146a rs2910164 C > G polymorphism. Seventy-nine (4%) samples were randomly selected and analysis of the genotyping was repeated. Results of quality control showed that the obtained genotypes were reliable.

Statistical analysis

Continuous variables (e.g. age and BMI) were expressed as mean ± standard deviation (SD). And these continuous variables were compared by using Student's t-test. Categorical variables (e.g. age, sex, smoking status, alcohol use, and BMI) were expressed as proportions. And they were compared with the Chi-squared test (χ^2 -test). The HWE in the control group was assessed using the χ^2 -test with an online HWE calculator (<http://ihg.gsf.de/cgi-bin/hw/hwa1.pl>) [23-26]. We carried out a multivariate logis-

Table 1. Distribution of selected demographic variables and risk factors in gastric carcinoma patients and controls

Variable	Overall Cases (n=490)	Overall Controls (n=1,476)	P ^a
	n (%)	n (%)	
Age (years)	60.65±11.43	61.30±9.60	0.220
Age (years)			0.597
< 61	221 (45.10)	686 (46.48)	
≥ 61	269 (54.90)	790 (53.52)	
Sex			0.891
Male	331 (67.55)	1,002 (67.89)	
Female	159 (32.45)	474 (32.11)	
Smoking status			0.001
Never	309 (63.06)	1,051 (71.21)	
Ever	181 (36.94)	425 (28.79)	
Alcohol use			< 0.001
Never	374 (76.33)	1,319 (89.36)	
Ever	116 (23.67)	157 (10.64)	
BMI (kg/m ²)	22.41 (±3.12)	23.95 (±3.05)	< 0.001
BMI (kg/m ²)			< 0.001
< 24	356 (72.65)	761 (51.56)	
≥ 24	134 (27.35)	715 (48.44)	

^aTwo-sided χ^2 test and Student's t-test.

tic regression analysis to explore the relationship of miR-146a rs2910164 C > G polymorphisms with GC, with adjustment for GC risk factors including age, sex, smoking status, alcohol use, and BMI. A *P* value < 0.05 (two sided) was considered as significant. All data analysis was performed using SAS 9.4 (SAS Institute, Cary, NC, USA).

Meta-analysis

We searched PubMed and EMBASE (updated to November 27, 2017) with the terms 'miR-146a or rs2910164' and 'gastric cancer or stomach cancer or gastric carcinoma' and 'polymorphism or SNP or variant' for relevant publications. Only English language studies and human studies were included in our study. And additional publications were searched by checking all references of included studies or reviews on this issue. In the present meta-analysis, the major inclusion criteria were: (a) evaluation of the miR-146a rs2910164 C > G polymorphisms and GC risk, (b) being designed as a case-control study and (c) the genotype frequency of cases and controls was available.

Two investigators (J. Lin and C. Liu) independently extracted the useful data. Any disagreements were resolved by a detailed discussion until a consensus between these two authors was reached on each item. The following information was selected and collected: surname of the first author, publication year, country, ethnicity, sample size, genotyping method, and genotype frequency in GC patients and controls. Ethnicities were defined as Asian and Caucasians.

We analyzed HWE in controls using an online HWE calculator mentioned above. The crude odds ratios (ORs) with their 95% confidence intervals (CIs) were applied to determine the strength of the relationship between miR-146a rs2910164 C > G polymorphisms and GC risk. The Chi-square based Cochran's Q-test and *I*² test [27] were used to analyze the heterogeneity between the included studies. If *I*² > 50% or *P* < 0.1, which means a significant heterogeneity among studies, random-effects model (the Der-Simonian and Laird method) was used to calculate the pooled ORs and CIs [28, 29].

Otherwise, a fixed-effects model (the Mantel-Haenszel method) [30] was selected. In addition, the sources of heterogeneity were assessed by a stratified meta-analysis by ethnicity, sample size, and quality score. Begg's test and Egger's linear regression test were used to estimate the potential publication bias [31]. A *P* < 0.1 means a significant bias of publication. One-way sensitivity analysis was performed to determine the stability of the findings. We used the Newcastle-Ottawa Quality Assessment Scale to assess the quality score of the studies enrolled in the meta-analysis [32, 33]. If scores were ≥ 7 stars, the study was accepted as high-quality [32, 33]. In this meta-analysis, we analyzed the data by using the STATA 12.0 software (Stata Corporation, College Station, Texas).

Results

Baseline characteristics

Our study consisted of 490 (331 males and 159 females 27-88 years old with a mean age of 60.65±11.43 years) GC patients and 1,476

MicroRNA-146a rs2910164 C>G polymorphism and gastric carcinoma

Table 2. Primary information for miR-146a rs2910164 C > G polymorphism

Genotyped SNPs	Chromosome	ChrPos (NCBI Build 37)	Region	MAF ^a for Chinese in database	MAF in our controls (n=1,476)	P value for HWE ^b test in our controls	Genotyping method	Genotyping value (%)
MiR-146a rs2910164 C > G	5	159912418	UTR	0.43	0.37	0.792	SNPscan	99.59

^aMAF: minor allele frequency; ^bHWE: Hardy-Weinberg equilibrium.

Table 3. Logistic regression analyses of associations between miR-146a rs2910164 C > G polymorphisms and gastric cancer risk

Genotype	GC Cases (n=490)		Controls (n=1,476)		Crude OR (95% CI)	P	Adjusted OR ^a (95% CI)	P
	n	%	n	%				
MiR-146a rs2910164 C > G								
CC	182	37.45	583	39.61	1.00		1.00	
CG	223	45.88	683	46.40	1.03 (0.82-1.29)	0.793	0.98 (0.78-1.23)	0.852
GG	81	16.67	206	13.99	1.24 (0.91-1.68)	0.166	1.27 (0.93-1.75)	0.134
CG+GG	304	62.55	889	60.39	1.10 (0.89-1.35)	0.398	1.06 (0.85-1.324)	0.608
CC+CG	405	83.33	1,266	86.01	1.00		1.00	
GG	81	16.67	206	13.99	1.23 (0.93-1.63)	0.149	1.30 (0.97-1.74)	0.079
G allele	385	39.61	1,095	37.19				

^aAdjusted for age, sex, smoking and drinking status.

(1,002 males and 474 females 25-83 years old with a mean age of 61.30±9.60 years) controls recruited in the Affiliated Union Hospital of Fujian Medical University and the Affiliated People's Hospital of Jiangsu University in the eastern China (Table 1). The controls were fully-matched with GC cases by age and gender (P=0.597 and 0.891, respectively). The minor allelic frequency (MAF) value in controls was 0.37, which was similar to the value of the Chinese patients. The success rate of genotyping for this SNP was 99.59% (Table 2). Table 3 summarizes the genotype distribution of the miR-146a rs2910164 C > G polymorphisms. The P value of the Hardy-Weinberg Equilibrium (HWE) in controls for this SNP was 0.792 (Table 2).

Association of miR-146a rs2910164 C > G polymorphisms with GC risk

The frequencies of rs2910164 CC, CG, and GG genotypes were 37.45%, 45.88%, and 16.67% in the 490 GC patients and 39.61%, 46.40%, and 13.99% in the 1,476 controls, respectively. We found no difference in genotype distribution of the miR-146a rs2910164 C > G polymorphism among GC patients and controls (Table 3). In addition, after adjustments for age, sex, smoking, drinking and BMI, there was no significant difference in the genotype distribution of the miR-146a rs2910164 C > G polymorphism between GC patients and controls (Table 3).

Meta-analysis of miR-146a rs2910164 C > G polymorphism with GC risk

We carried out a meta-analysis to precisely assess the association of the miR-146a rs2910164 C > G polymorphisms with GC risk. A total of fifty abstracts were retrieved from PubMed and EMBASE databases. Here, we summarize the selecting process in Figure 1. The extracted detailed characteristics and the miR-146a rs2910164 C > G genotypes of enrolled studies are presented in Table 4. Finally, sixteen studies [19, 34-48] plus our study encompassing a total of 7,633 GC patients and 11,263 controls were analyzed, with twelve studies focusing on Asians [19, 34-43] and five on Caucasians [44-48]. And six studies with large sample size (≥ 1000) [34, 36, 37, 42, 43] and eleven study with small sample size (< 1000) [19, 35, 38-41, 44-48] were included. Quality scores of these enrolled case-control studies ranged from 5 to 8 (mean: 6.65) out of a maximal score of 10 with Newcastle-Ottawa Quality Assessment Scale method (Table 5). Frequencies of the miR-146a rs2910164 G allele varied widely, and they were much higher in Caucasians than in Asians for both patients (62.00% versus 45.42%) and controls (52.16% versus 42.84%).

After pooling all enrolled studies, we found a null association of the miR-146a rs2910164 C > G polymorphism with GC risk under all genetic models (G vs. C: OR=1.04; 95% CI: 0.97-1.13;

MicroRNA-146a rs2910164 C>G polymorphism and gastric carcinoma

Table 4. Characteristics and genotypes of the studies in meta-analysis

Study	Year	Ethnicity	Country	Sample size (case/control)	Genotyping method	Case			Control			HWE
						CC	CG	GG	CC	CG	GG	
Rogoveanu et al.	2017	Caucasians	Romanian	142/288	Taqman	8	48	86	19	109	160	0.94
Yadegari et al.	2016	Caucasians	Iran	120/120	PCR-RFLP	73	38	9	81	34	5	0.56
Gu et al.	2016	Asians	China	186/186	PCR-RFLP	29	91	66	25	90	70	0.64
Jiang et al.	2016	Asians	China	898/992	MassARRAY-TOF MS	303	441	154	325	457	207	0.05
Xia et al.	2016	Asians	China	1,125/1,196	Taqman	397	536	192	420	577	199	0.97
Soleimani et al.	2016	Caucasians	Iran	130/130	PCR-RFLP	13	42	75	10	40	80	0.13
Parlayan et al.	2014	Asians	Japan	160/524	Taqman	61	79	20	216	237	71	0.64
Pu et al.	2014	Asians	China	220/530	PCR-RFLP	65	96	36	143	274	96	0.08
Kupcinskis et al.	2014	Caucasians	German, Lithuania and Latvia	363/351	Taqman	16	94	252	16	108	223	0.53
Dikeakos et al.	2014	Caucasians	Greece	163/480	PCR-RFLP	105	45	13	307	149	24	0.29
Ahn et al.	2013	Asians	Korea	461/447	PCR-RFLP	159	231	71	164	221	62	0.36
Zhou et al.	2012	Asians	China	1,686/1,895	Taqman	286	822	578	393	951	551	0.64
Ma et al.	2012	Asians	China	86/42	PCR-RFLP	14	44	20	14	19	6	0.92
Okubo et al.	2010	Asians	Japan	552/697	PCR-RFLP	236	243	73	254	322	121	0.28
Hishida et al.	2011	Asians	Japan	583/1,637	PCR-CTPP	230	271	82	633	775	229	0.74
Zeng et al.	2010	Asians	China	304/304	PCR-RFLP	89	153	62	119	132	53	0.12
Our study	2017	Asians	China	490/1,476	SNPscan	182	223	81	583	683	206	0.79

HWE: Hardy-Weinberg equilibrium; PCR-RFLP: polymerase chain reaction-restriction fragment length polymorphism; PCR-CTPP: polymerase chain reaction with confronting two-pair primers; MALDI-TOF MS: Matrix-Assisted Laser Desorption/Ionization Time of Flight Mass Spectrometry.

Table 5. Quality assessment of the included studies in meta-analysis

Study	Year	Selection				Comparability of the cases and controls	Exposure			Total Stars
		Adequate case definition	Representativeness of the cases	Selection of the controls	Definition of Controls		Ascertainment of exposure	Same ascertainment method for cases and controls	Non-Response rate	
Rogoveanu et al.	2017	★	★	-	★	★★	★	-	-	6
Yadegari et al.	2016	★	★	-	★	★★		-	-	5
Gu et al.	2016	★	★	-	★	★★	★	★	-	7
Jiang et al.	2016	★	★	-	★	★★	★	★	-	7
Xia et al.	2016	★	★	★	★	★★	★	★	-	8
Soleimani et al.	2016	★	★	-	★	★★	-	★	-	6
parlayan et al.	2014	★	★	-	★	★★	★	★	-	7
Pu et al.	2014	★	★	-	★	★★	★	★	-	7
Kupcinskas et al.	2014	★	★	-	★	★★	★	★	-	7
Dikeakos et al.	2014	★	★	-	★	★	★	-	-	5
Ahn et al.	2013	★	★	-	★	★★	★	★	-	7
Zhou et al.	2012	★	★	-	★	★★	★	★	-	7
Ma et al.	2012	★	★	-	-	★	★	★	-	5
Okubo et al.	2010	★	★	-	★	-	★	★	-	5
Hishida et al.	2011	★	★	-	★	★★	★★	★	-	8
Zeng et al.	2010	★	★	-	★	★★	★★	★	-	8
Our study	2017	★	★	-	★	★★	★★	★	-	8

$P=0.271$; GG vs. CC: OR=1.08; 95% CI: 0.92-1.26; $P=0.364$; GG/CG vs. CC: OR=1.05; 95% CI: 0.95-1.16; $P=0.385$ and GG vs. CG/CC: OR=1.06; 95% CI: 0.95-1.18; $P=0.305$; **Figure 2**), even in different ethnicity (**Table 6**).

There was no publication bias in any of the genetic models (G vs. C: Begg's test $P=0.434$, Egger's test $P=0.786$; GG vs. CC: Begg's test $P=0.387$, Egger's test $P=0.841$; GG/CG vs. CC: Begg's test $P=0.773$, Egger's test $P=0.660$; GG vs. CG/CC: Begg's test $P=0.650$, Egger's test $P=0.939$; **Figure 3**). To account for major sources of the heterogeneity, we performed a subgroup analysis according to quality score, ethnicity and sample size (**Table 6**). We found that a large sample size study, Asian population and a low quality study might contribute to the major source of heterogeneity. One-way sensitivity analysis was harnessed to evaluate the stability of our findings by excluding an individual study in turn. Results of the sensitivity analysis suggested that our findings were stable (**Figure 4**).

Discussion

GC is a common malignancy and has various inherited and environmental determinants. It is reported that *H. pylori* may be a major etiologic agent in the development of GC. However, *H.*

pylori infection alone may not contribute to overall susceptibility to GC. Host inherited factors may also be vital in GC risk. MiRNA, an important mediator for RNA silencing and post-transcriptional regulation, may play a pivotal role in the development and prognosis of cancers [10]. Considering their importance, SNPs in MiRNA may influence the susceptibility of GC. The effect of MiRNA polymorphisms involved in risk to GC has promoted increasing interest in the past decade. With the increase of inherited investigations, it is clearly advantageous to combine the available data to obtain a reliable assessment. Although several previous studies have regarded the miR-146a rs2910164 C > G polymorphism as a promising candidate for GC risk, our case-control study conducted in an eastern Chinese Han population, along with an extensive pooled-analysis, could not identify this association, even indifferent ethnicities. To the best of the authors' knowledge, this meta-analysis is a most comprehensive exploration into the relationship between the miR-146a rs2910164 C > G polymorphism and GC risk.

Results of our case-control study found no association between the miR-146a rs2910164 C > G polymorphism with GC risk. Considering the fact that most of common SNPs may make a low penetrance susceptibility to the develop-

MicroRNA-146a rs2910164 C>G polymorphism and gastric carcinoma

Table 6. Results of the meta-analysis from different comparative genetic models

	No. of studies	G vs. C				GG vs. CC				GG+CG vs. CC				GG vs. CG+CC			
		OR (95% CI)	P	I ²	P (Q-test)	OR (95% CI)	P	I ²	P (Q-test)	OR (95% CI)	P	I ²	P (Q-test)	OR (95% CI)	P	I ²	P (Q-test)
Total	17	1.04 (0.97-1.13)	0.271	58.4%	0.001	1.08 (0.92-1.26)	0.364	54.9%	0.003	1.05 (0.95-1.16)	0.385	44.4%	0.026	1.06 (0.95-1.18)	0.305	42.0%	0.036
Ethnicity																	
Asians	12	1.03 (0.94-1.12)	0.539	68.1%	< 0.001	1.05 (0.88-1.26)	0.583	65.9%	0.001	1.05 (0.93-1.18)	0.457	59.5%	0.004	1.02 (0.90-1.16)	0.772	51.7%	0.019
Caucasians	5	1.13 (0.97-1.31)	0.118	0.0%	0.561	1.24 (0.86-1.79)	0.257	0.0%	0.618	1.05 (0.82-1.36)	0.680	0.0%	0.810	1.22 (0.99-1.50)	0.065	0.0%	0.503
Sample size																	
≥ 1000	6	1.00 (0.89-1.12)	0.992	79.6%	< 0.001	1.00 (0.79-1.27)	0.975	79.1%	< 0.001	1.01 (0.88-1.15)	0.914	0.015	64.6%	1.00 (0.83-1.21)	0.999	74.9%	0.001
< 1000	11	1.09 (1.00-1.09)	0.046	21.04%	0.239	1.16 (0.96-1.19)	0.117	8.5%	0.363	1.11 (0.97-1.26)	0.133	0.191	26.6%	1.13 (0.98-1.29)	0.092	0.0%	0.710
Quality scores																	
< 7.0	6	1.07 (0.85-1.34)	0.575	64.6%	0.015	1.21 (0.72-2.03)	0.481	62.9%	0.019	1.04 (0.77-1.41)	0.797	51.3%	0.068	1.10 (0.79-1.52)	0.582	50.0%	0.075
≥ 7.0	11	1.05 (0.98-1.13)	0.185	53.4%	0.018	1.09 (0.92-1.26)	0.283	49.5%	0.031	1.07 (0.98-1.11)	0.076	36.7%	0.105	1.07 (0.96-1.20)	0.236	39.5%	0.086

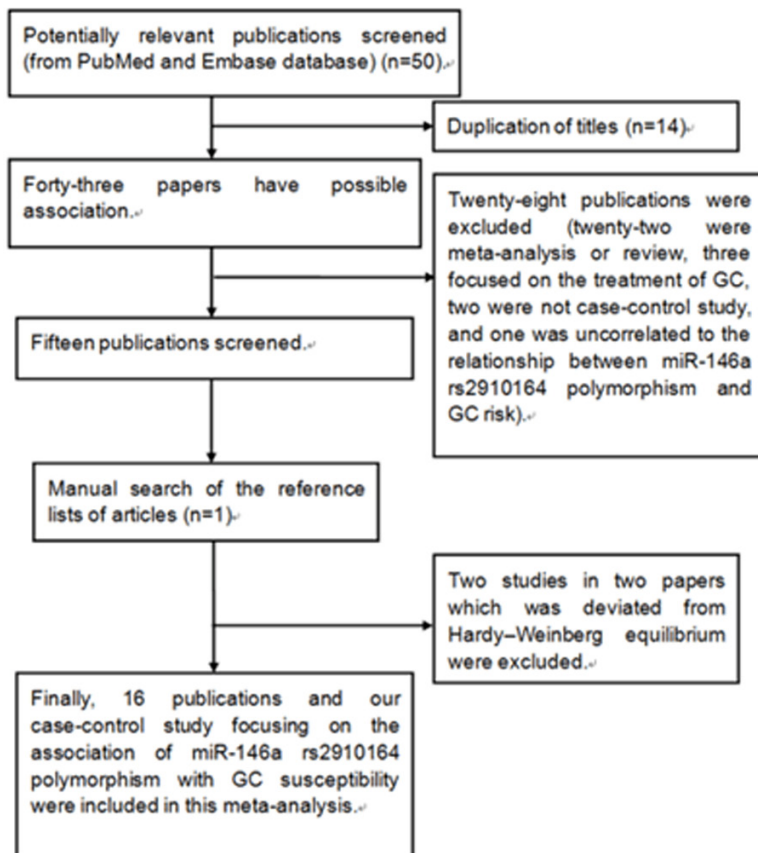


Figure 1. Flow diagram of the meta-analysis of the association between miR-146a rs2910164 C > G polymorphism and GC risk.

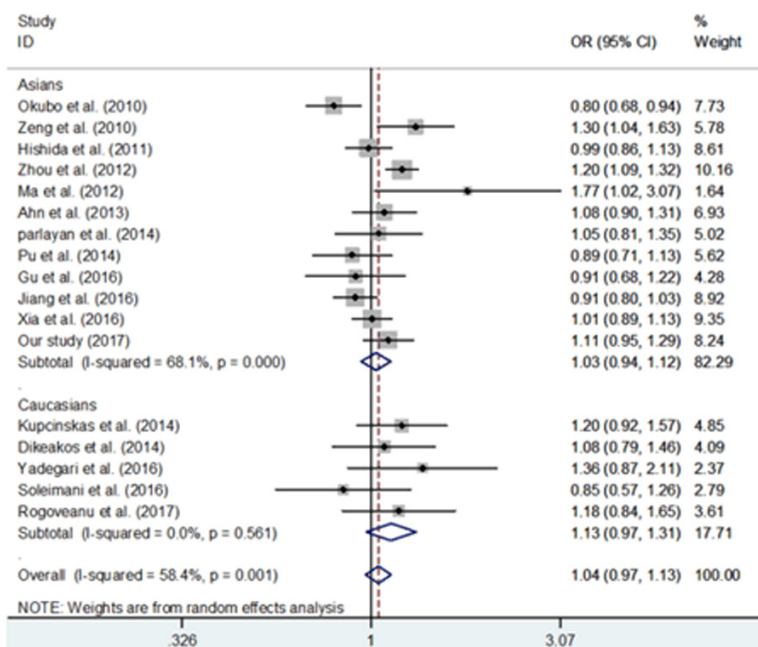


Figure 2. Meta-analysis of the association between miR-146a rs2910164 C > G polymorphism and GC risk (G vs. C, random-effects model).

ment of GC, the current study urges the necessity to obtain a more precise evaluation between the miR-146a rs2910164 C > G polymorphism and GC. In total, 17 case-control studies comprising 7,633 GC patients and 11,263 controls were recruited in our meta-analysis. Several individual studies have reported a positive association between the miR-146a rs2910164 C > G with GC risk [19, 35, 37]. In contrast, as listed in **Table 6**, no significant risk was found in all the genetic models, even in different ethnicities. However, it is worth noting that there was a tendency towards an increased GC risk in Caucasians ($P=0.068$, **Table 6**). Considering only five studies enrolled Caucasians and all of them were designed with a small sample size (< 1000 subjects); the indication of a possible susceptibility that was found reinforced additional investigations to confirm or refute these results, especially in some populations. Even though, this case-control study along with a meta-analysis could not identify a possible significant effect of the miR-146a rs2910164 G allele in gastric carcinogenesis, and it was possible that the potential role of the miR-146a rs2910164 C > G polymorphism was masked by other factors.

Several merits of this study should be considered. First, the present study was the largest synthesis focusing on the correlation between the miR-146a rs2910164 C > G polymorphism and GC risk. Second, the results of our case-control study were similar to the findings of the sub-

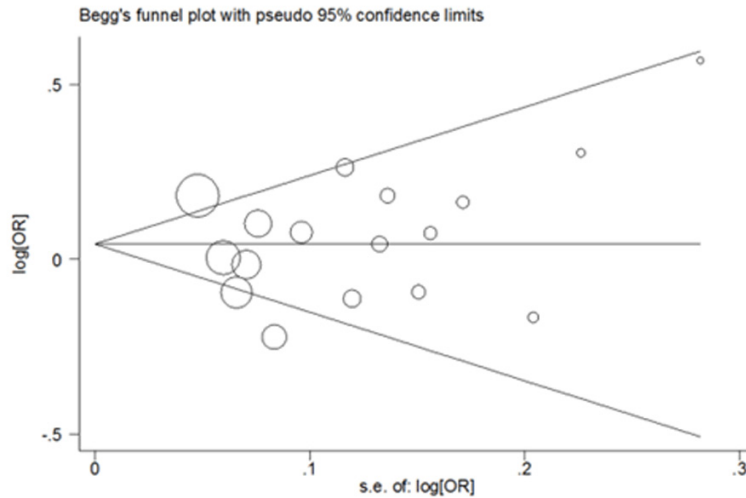


Figure 3. Begg's funnel plot of meta-analysis of the association between miR-146a rs2910164 C > G polymorphism and GC risk (G vs. C compare genetic model, random-effects model).

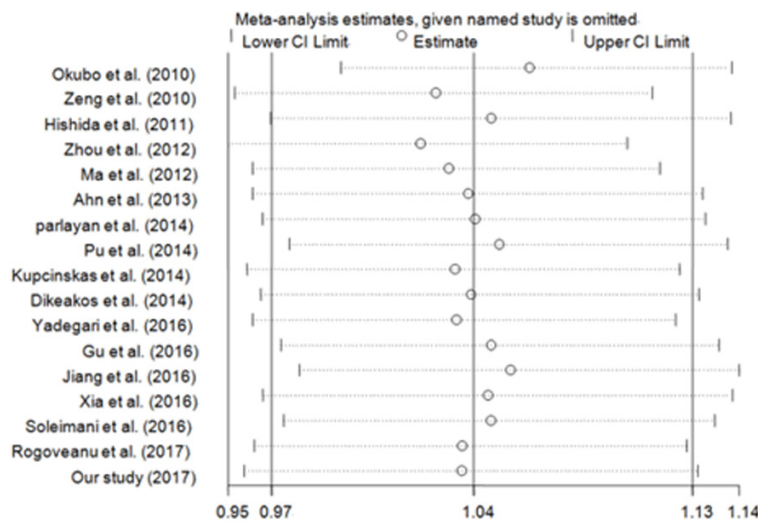


Figure 4. Sensitivity analysis of the influence of G vs. C comparison (random-effects estimates for miR-146a rs2910164 C > G polymorphism).

sequent meta-analysis. Third, in meta-analysis, there was no significant publication bias in the genetic models.

In our study, some limitations should be acknowledged. Firstly, only the miRNA-146a rs-2910164 C > G polymorphism was selected for exploring the potential association of this SNP with risk of GC, other important miRNA SNPs were not considered. Secondly, bias might have occurred because only published studies were enrolled. Thirdly, there was significant heterogeneity among the enrolled publications; there-

fore our conclusions should be interpreted with caution. Finally, data on *H. pylori* infection were not available in some publications, and this important risk factor was not considered in our study.

In summary, the case-control study in an eastern Chinese Han population, along with an extensive meta-analysis, failed to identify a relationship between the miRNA-146a rs2910164 C > G and GC risk, even across different ethnicities. Nevertheless, for practical reasons, more well-designed prospective studies with larger sample sizes and detailed environmental risk factors are needed to confirm or refute these findings.

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Disclosure of conflict of interest

None.

Address correspondence to: Zengqing Guo and Yu Chen, Department of Medical Oncology, Fujian

MicroRNA-146a rs2910164 C>G polymorphism and gastric carcinoma

Provincial Cancer Hospital, No. 420, Fuma Road, Fuzhou 350014, Fujian Province, People's Republic of China. Tel: 008613905918836; E-mail: gzq_005@126.com (ZQG); Tel: 008613859089836; E-mail: chenyu1980@fjmu.edu.cn (YC)

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