Original Article

The diagnostic value of high-resolution, susceptibility-weighted imaging for cerebral amyloid angiopathy with cerebral microbleed

Cheng Ma¹, Yumei Wang²*, Li Liu³, Qingtao Ma², Ming Yang⁴, Xiaodong Li⁵

¹Department of Medical Imaging, Zibo City Linzi District People’s Hospital, Zibo, Shandong Province, China; ²Department of Imaging, Zaozhuang Hospital of Zaozhuang Mining Group, Zaozhuang, Shandong Province, China; ³Department of Imaging, Maternity and Child Health Care of Zaozhuang, Zaozhuang, Shandong Province, China; ⁴Department of Imaging, The People’s Hospital of Shanting District, Zaozhuang, Shandong Province, China; ⁵CT Room, The People’s Hospital of Pingyi County, Pingyi, Shandong Province, China. *Equal contributors and co-first authors.

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Abstract: Objective: This study aimed to explore the application value of high-resolution, susceptibility-weighted imaging (SWI) for the early diagnosis of cerebral amyloid angiopathy (CAA) with cerebral microbleed (CMB). Methods: A total of 50 patients highly suspected of CAA were enrolled in this study. Enhanced brain CTs indicated that the volume of CMB was smaller than 10 mm. Differences in image quality, the number of hemorrhagic foci detected, the distribution of the hemorrhages, and the amount of hemorrhage were compared between conventional magnetic resonance imaging (MRI) sequences and the SWI sequence, so as to assess the diagnostic value of SWI for CAA with CMB. Results: Compared with those of the conventional sequences, the SWI sequence showed a significantly higher qualified rate of image quality and number of hemorrhagic foci detected, as well as a larger amount of hemorrhage (P<0.05), but there was no difference in the distribution of hemorrhage (P>0.05). Conclusion: High-resolution SWI, which is highly sensitive to intracranial hemorrhage and even to micro-hemorrhagic foci, has high image quality in the early diagnosis of CAA with CMB, so it has a high diagnostic value and can become the first choice for the early diagnosis of CAA.

Keywords: Susceptibility weighted imaging, cerebral amyloid angiopathy, cerebral microbleed

Introduction

Cerebral amyloid angiopathy (CAA) is a cerebral hemorrhagic disease that commonly occurs among elderly people. Significantly increasing with age, its incidence is also related to gene mutation, β-amyloid protein deposition, metabolic disorders of apolipoprotein E, and abnormal inflammatory responses [1, 2]. According to published data, in elderly patients, CAA-induced spontaneous cerebral hemorrhage accounts for more than 20% of all intracranial hemorrhages; at least 30-50% of people over 60 years old suffer from CAA-related cerebral hemorrhage, and at least 20-30% of them may experience a secondary cognitive decline [3, 4]. Therefore, CAA and its secondary cerebral hemorrhage have become major diseases affecting the health of the elderly. It’s difficult to diagnose the disease since there are few typical symptoms in the early stages of CAA, and no typical signs of neurological defects, even if it is accompanied by cerebral microbleed (CMB). Without specific biochemical indices and typical medical imaging, currently, CAA is comprehensively evaluated using the patient’s medical history, the clinical signs, and the imaging examinations [5].

Although it is highly sensitive to early hemorrhagic foci, brain computed tomography (CT) has a low positive rate of diagnosing CMB and intralobular hemorrhage [6]. Magnetic resonance imaging (MRI), whose conventional sequences consist of a T1 weighted image (T1WI), T2WI, fluid attenuated inversion recov-
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FLAIR, and diffusion weighted imaging (DWI), is highly sensitive to the diagnosis of soft tissue lesions. In the T2*-weighted gradient-echo (T2*-GRE) sequence, a circular low-density area with uniform and consistent signals can be usually detected, with diameters smaller than 10 mm but mostly around 2-5 mm, which is called CMB [7]. As for CMB, the area of the hemorrhagic foci is small, without any obvious edema around it and without any clinical symptoms. However, recent studies have suggested that CMB is not only an early and typical sign of microangiopathy related to the deposition of specific proteins and the structural destruction of vascular walls, but it is also a high-risk factor for rebleeding and hemorrhage after anticoagulation, which is commonly found in the elderly population and in patients with CAA, leukoencephalopathy, or cerebral small vessel diseases [8, 9]. Based on the T2*-GRE sequence, susceptibility weighted imaging (SWI) has an extremely high sensitivity to intracerebral hemorrhage using advanced three-dimensional fusion and flow compensation in all directions, with longer echo times, higher resolution, and a thinner reconstruction [10]. This imaging method detects hemorrhagic foci within 2 h, showing images earlier than CT [11]. To explain the main mechanism, in addition to a strong magnetic sensitivity effect, SWI has a high recognition capability for deoxyhemoglobin and hemosiderin massively produced in red blood cells after hemorrhage, so it can distinguish a hemorrhagic focus from the surrounding tissue by fusing the amplitude diagram and the phase diagram [12]. At present, SWI has been widely applied in the diagnosis of ischemic and hemorrhagic stroke, brain trauma, cerebrovascular malformation, brain tumors and degenerative brain diseases. However, there are few studies on SWI in CAA and CAA with CMB. Therefore, the application value of high-resolution SWI for the early diagnosis of CAA with CMB was explored in this study.

Materials and methods

General information

Altogether 50 patients highly suspected of CAA and admitted to The People’s Hospital of Pingyi County from May 2018 to May 2019 were retrospectively studied. Inclusion criteria: (1) Patients aged 50-80 years. (2) Patients with stable conditions and localized cerebral microhemorrhagic foci detected by brain CT. (3) Patients could be accompanied by a cognitive decline that did not affect the clinical treatment and research. (4) Patients had MRI sequence images that could be analyzed. (5) Patients signed the informed consent form and had complete clinical data. Exclusion criteria: (1) patients complicated with another cerebral hemorrhage such as a subarachnoid hemorrhage, traumatic cerebral hemorrhage, or an aneurysmal rupture-induced hemorrhage; (2) patients with a hemorrhage after anticoagulation or primary hematological diseases; (3) patients with Alzheimer’s disease or vascular dementia who could not cooperate in this study; (4) patients with nutritional deficiency diseases or autoimmune diseases; (5) patients with contraindications to MRI or claustrophobia.

Methods

Patients lay flat on the examining table, with their heads fixed. A 1.5T superconducting magnetic resonance scanner (Siemens, Germany) with Loop4 coils was used. Conventional sequence scanning was conducted first. The fast turbo spin echo sequence was used in T1WI and T2WI. The specific parameters were as follows: T1 axis view (time of repetition (TR) = 195.0 ms, time of echo (TE) = 4.8 ms), T1 sagittal view (TR = 550.0 ms, TE = 8.4 ms), T2 axis view (TR = 4000.0 ms, TE = 98.0 ms), FLAIR (TR = 8200.0 ms, TE = 84.0 ms), matrix = 256 * 256, field of view (FOV) = 70 mm * 70 mm, layer thickness = 2 mm, layer spacing = 0.2 mm, the number of layers = 20; FLAIR axis (TR = 8200.0 ms, TE = 84.0 ms), matrix = 256 * 256, field of view (FOV) = 70 mm * 70 mm, layer thickness = 2 mm, layer spacing = 0.2 mm, the number of layers = 20; FLAIR axis (TR = 8200.0 ms, TE = 84.0 ms), matrix = 256 * 256, field of view (FOV) = 70 mm * 70 mm, layer thickness = 2 mm, layer spacing = 0.2 mm, the number of layers = 20. After the images were transmitted to the post-processing workstation, the SWI processing software provided by the instrument was used to form a fusion diagram and a minimum density projection drawing, so as to calculate the volume of hemorrhage = the hematoma area of each layer * (layer thickness + layer spacing) * 1/2.
MRI was performed by radiologists who had been professionally trained and had worked for at least 2 years. Three doctors jointly completed the image acquisition and analysis of the 50 patients. At least 2 doctors had to reach an agreement on the diagnostic results.

**Outcome measures**

Differences in image quality, the number of hemorrhagic foci detected, the distribution of the hemorrhages, and the amount of hemorrhage were compared between the conventional MRI sequences (T1WI, T2WI, FLAIR, and DWI) and the SWI sequence, so as to assess the diagnostic value of SWI for CAA with CMB. The image quality was classified based on a Three-Grade classification [13]. Grade 1 indicated that the image was very clear and accurately displayed the range of hemorrhagic foci and the changes of the adjacent tissue. Grade 2 indicated that the image was relatively clear and basically displayed the site and the area of the hemorrhage. Although there were a few artifacts in the surrounding tissue, the pathological features could still be analyzed. Grade 3 indicated that the image was very unclear, so the site and the amount of the hemorrhage could not be diagnosed. The images in Grades 1 and 2 had qualified quality.

### Table 1. Analysis of the baseline data

<table>
<thead>
<tr>
<th>Item</th>
<th>Number of cases (n)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of cases (n)</td>
<td>50</td>
</tr>
<tr>
<td>Gender (male/female)</td>
<td>26/24</td>
</tr>
<tr>
<td>Age (year)</td>
<td>56-79 (62.3±8.6)</td>
</tr>
<tr>
<td>Hypertension (n, %)</td>
<td>16 (32.0)</td>
</tr>
<tr>
<td>Diabetes (n, %)</td>
<td>6 (12.0)</td>
</tr>
<tr>
<td>Hyperlipidemia (n, %)</td>
<td>5 (10.0)</td>
</tr>
<tr>
<td>Coronary heart disease (n, %)</td>
<td>7 (14.0)</td>
</tr>
<tr>
<td>Stroke (n, %)</td>
<td>5 (10.0)</td>
</tr>
<tr>
<td>Cerebral microhemorrhage volume (m³)</td>
<td>2-8 (5.2±2.3)</td>
</tr>
</tbody>
</table>

### Table 2. Analysis of baseline data (n, %)

<table>
<thead>
<tr>
<th>Imaging method</th>
<th>Conventional MRI sequences (n=50)</th>
<th>SWI sequence (n=50)</th>
<th>χ²</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 1</td>
<td>18 (36.0)</td>
<td>28 (56.0)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grade 2</td>
<td>24 (48.0)</td>
<td>20 (40.0)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grade 3</td>
<td>8 (16.0)</td>
<td>2 (4.0)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>The qualified rate</td>
<td>42 (84.0)</td>
<td>48 (96.0)</td>
<td>4.000</td>
<td>0.046</td>
</tr>
</tbody>
</table>

Note: MRI, magnetic resonance imaging; SWI, susceptibility weighted imaging.

### Statistical methods

SPSS 20.0 was used for the statistical analysis. The data conforming to a normal distribution were expressed as the means ± standard deviations and compared using a t test. The count data were expressed as the number of cases/percentage and compared using an χ² test. Bilateral 0.50 was used as the significance level and P<0.05 indicated a statistically significant difference.

### Results

#### Analysis of baseline data

Among the 50 patients, there were 26 males and 24 females, aged 56-79 years with an average age of (62.3±8.6) years. There were 16 cases of hypertension, 6 of diabetes, 5 of hyperlipidemia, 7 of coronary heart disease, and 5 of stroke. An enhanced brain CT indicated that the volume of the CMB was smaller than 10 mm, specifically 2-8 mm, with an average volume of (5.2±2.3) mm. See Table 1.

#### Analysis of the image quality

The qualified rate of image quality detected by the SWI was significantly higher than the rate detected by the conventional MRI sequences (P<0.05). With a qualified rate of 96.0%, SWI was found to meet the needs of the clinical diagnosis of CMB. See Table 2 and Figure 1.

#### Comparison of the number of hemorrhagic foci and the amount of hemorrhage

The number of hemorrhagic foci detected by SWI was significantly higher than the number detected by conventional MRI sequences, and the amount of hemorrhage was larger than the amount detected by conventional MRI sequences (both P<0.05). See Table 3 and Figure 2.

#### Comparison of the distribution of hemorrhagic foci

There was no difference in the distribution of hemorrhagic foci between that detected by SWI...
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The hemorrhage site of patients with CAA was mainly in the lobes of the brain, and less in the cortex and subcortex, thalamus, brainstem, basal ganglia, and subarachnoid space. See Tables 4 and 5.

Discussion

Conventional MRI sequences use SE imaging technologies and machines to emit radiofrequency pulses at 90° and then another focused pulse at 180° at certain intervals, so as to eliminate the phase effect caused by uneven magnetic fields and to generate T2 relaxation signals. The principle of SWI is that in the T2*-GRE sequence, a pair of dephasing gradient magnetic fields with opposite polarities are directly combined with rephasing gradient magnetic fields, so as to generate a phase dispersion effect [14]. SWI is highly sensitive to the local magnetic fields of hemorrhage and shows hypointensity [15].

This study explored the application values of conventional MRI sequences and the SWI sequence on CAA with CMB. The results showed that compared with the conventional MRI sequences, the SWI sequence showed significantly a higher qualified rate of image quality and a larger number of hemorrhagic foci detected, as well as larger amount of hemorrhage.

Table 3. Comparison of the number of hemorrhagic foci and the hemorrhagic volume (X ± sd)

<table>
<thead>
<tr>
<th>Imaging method</th>
<th>Conventional MRI sequences (n=50)</th>
<th>SWI sequence (n=50)</th>
<th>t</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>The number of hemorrhagic foci</td>
<td>1.4±0.5</td>
<td>1.8±0.6</td>
<td>3.968</td>
<td>0.025</td>
</tr>
<tr>
<td>Hemorrhagic volume (m³)</td>
<td>5.0±2.4</td>
<td>5.6±2.3</td>
<td>4.562</td>
<td>0.011</td>
</tr>
</tbody>
</table>

Note: MRI, magnetic resonance imaging; SWI, susceptibility weighted imaging.
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There was no difference in the distribution of hemorrhages. The main factors causing changes in magnetic fields after a hemorrhage are blood metabolites, venules, and the effect of

Figure 2. Typical case 2 image by conventional MRI sequences (T1WI, T2WI, FLAIR, and DWI) and SWI sequence. A: T1WI; B: T2WI; C: FLAIR; D: DWI; E: SWI; F: MAG; G: MIP; H: PHA. Typical case 2, female, 75 years old, was mainly characterized by cerebral small blood vessel hemorrhages accompanied by mild neurological dysfunction, which was caused by unexplained factors. The patient had diabetes for 10 years but no hypertension, so she was orally administered hypoglycemic agents and injected with insulin. She had poor blood glucose control and diabetic retinopathy. After admission, she was initially confirmed to have CAA through a brain CT. The site of the hemorrhage was in the right occipital lobe, and the amount of hemorrhage was smaller than 8 m³. The hemorrhagic focus was basically absorbable after conservative treatment with drugs. The amount of hemorrhage detected by SWI was larger than the amount detected by conventional MRI sequences. MRI, magnetic resonance imaging; T1WI, T1 weighted image; FLAIR, fluid attenuated inversion recovery; DWI, diffusion weighted imaging; SWI, susceptibility weighted imaging; MAG, magnitude imaging; MIP, minimum intensity projection; PHA, phase image; CAA, cerebral amyloid angiopathy; CT, computed tomography.

Table 4. Comparison of the distribution of hemorrhagic foci (n, %)

<table>
<thead>
<tr>
<th>Imaging method</th>
<th>Conventional MRI sequences (n=50)</th>
<th>SWI sequence (n=50)</th>
<th>( \chi^2 )</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total number of hemorrhagic foci</td>
<td>73</td>
<td>90</td>
<td>0.563</td>
<td>0.452</td>
</tr>
<tr>
<td>Site</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cerebral lobe</td>
<td>65 (89.0)</td>
<td>73 (81.1)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cortex and subcortex</td>
<td>5 (6.8)</td>
<td>10 (11.1)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thalamus, brainstem and basal ganglia</td>
<td>3 (4.1)</td>
<td>6 (6.7)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Subarachnoid space</td>
<td>0</td>
<td>1 (1.1)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: MRI, magnetic resonance imaging; SWI, susceptibility weighted imaging.

Table 5. Comparison of the distribution of hemorrhagic foci in the cerebral lobe (n, %)

<table>
<thead>
<tr>
<th>Imaging method</th>
<th>Conventional MRI sequences (n=50)</th>
<th>SWI sequence (n=50)</th>
<th>( \chi^2 )</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total number of hemorrhagic foci in cerebral lobe</td>
<td>65</td>
<td>73</td>
<td>1.952</td>
<td>0.162</td>
</tr>
<tr>
<td>Temporoparietal lobe</td>
<td>28 (43.1)</td>
<td>29 (39.7)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Occipital lobe</td>
<td>20 (30.8)</td>
<td>23 (31.5)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frontal lobe</td>
<td>17 (26.1)</td>
<td>21 (28.8)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: MRI, magnetic resonance imaging; SWI, susceptibility weighted imaging.

there was no difference in the distribution of hemorrhages. The main factors causing changes in magnetic fields after a hemorrhage are blood metabolites, venules, and the effect of
iron deposition. The large amount of deoxyhemoglobin in the venules can easily cause an inhomogeneity change in the magnetic fields. Both significantly shortened the GRE time in the SWI sequence, and the greater phase difference between the blood vessels at the focus and in the surrounding tissue make the local venule structure clearly displayed. This is also the main reason why SWI can clearly display blood vessels at the hemorrhage site [16, 17].

The difference between SWI and GRE is the significant changes in the imaging parameters, such as shorter TR values, longer TE, thinner layer thicknesses, shorter layer spacing, a significantly shorter total scanning time, a change from 2D imaging to 3D imaging, and a higher resolution. All of these improve the definition and accuracy of hemorrhage imaging [18]. Therefore, at present, SWI has been widely applied in the diagnosis of ischemic and hemorrhagic stroke, brain trauma, cerebrovascular malformation, brain tumors, degenerative brain diseases, and cerebral degenerative diseases [19, 20].

Taking advantage of three-dimensional fusion, flow compensation in all directions, longer echo time, higher resolution, and thinner reconstruction, SWI has an extremely high sensitivity to intracerebral hemorrhage. This imaging method detects hemorrhagic foci within 2 h, showing images earlier than CT. After a hemorrhage, deoxyhemoglobin and hemosiderin are massively produced in the red blood cells. And SWI has a high recognition capability for them as well as a strong magnetic sensitivity effect on them. So it can distinguish a hemorrhagic focus from the surrounding tissue by fusing the amplitude diagram and the phase diagram. Magnitude image (MAG) post-processing mainly uses diffusion-weighted imaging to form color images, and it measures isotropic and anisotropic values that are called apparent diffusion coefficients [21]. Phase images are filtered using gradients to remove unnecessary field effects, so as to generate phase masks, which is called phase image (PHA) technology [22]. Then, the intensity diagram is enhanced by the phase mask, and the minimum intensity projection is carried out on the relatively adjacent layers, which is called minimum intensity projection (MIP) technology [23]. The data and image information collected after multi-layer post-processing significantly improves the definition and contrast of the images, with an extremely high sensitivity to veins, hemorrhage, and iron deposition [24, 25].

SWI mainly shows hypointensity accompanied by a central isointensity in the acute phase of intracerebral hemorrhage, and hypointensity accompanied by a little central hyperintensity in the subacute phase. In the chronic phase, intermediate intensity and peripheral annular hypointensity are shown, which is the characteristic of hemosiderosis [26, 27]. In SWI, CAA is usually manifested as a multiple well-defined and spotted hypointensity within the brain parenchyma, with a diameter smaller than 5 mm and a short continuity at multiple layers [28, 29]. SWI is more sensitive and accurate than traditional MRI sequences and GRE in the diagnosis of cerebral hemorrhagic diseases such as CAA with CMB, so it can clearly display the venules. Although it may exaggerate the risk of hemorrhage, it can better exclude all possible hemorrhagic diseases.

In summary, high-resolution SWI, which is highly sensitive to intracranial hemorrhage and even to micro-hemorrhagic foci, has high image quality in the early diagnosis of CAA with CMB, so it has a high diagnostic value and can become the first choice for the early diagnosis of CAA.

Disclosure of conflict of interest
None.

Address correspondence to: Xiaodong Li, CT Room, The People’s Hospital of Pingyi Country, No. 7 Jinhua Road, Development Zone, Pingyi 273300, Shandong Province, China. Tel: +86-15266662677; Fax: +86-0539-4689088; E-mail: lixiaodong88xd@163.com

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